

Kristina White Ph.D., LAT, ATC

Stephen F. Austin State University
P.O. Box 13015, Nacogdoches TX 75962
Office: (936) 468-1812
Kristina.White@sfasu.edu

Education

- 2019 Doctor of Philosophy in Kinesiology, Exercise, Nutrition, and Health
Promotion; Baylor University, Waco TX
Dissertation: *The Influence of Athletic Participation and Grit on Stress,
Coping, and Health Behaviors among College Students*
- 2015 Master of Science in Sport Pedagogy
Baylor University, Waco TX
- 2013 Bachelor of Science in Education in Athletic Training
University of Miami, Coral Gables FL

Professional Experience

- 2019 – Present *Assistant Professor*, Stephen F. Austin State University, Nacogdoches TX
Teach graduate courses in the professional athletic training program and
undergraduate courses in kinesiology & health science
- 2018 – 2019 *Graduate Administrative Fellow*, Baylor University, Waco TX
Co-chair the Women in the Academy and the TeaCHE Capstone in
Higher Education within Baylor University's Graduate School
- 2016 – 2019 *Graduate Teaching and Research Assistant*, Baylor University, Waco TX
Conduct research and teach undergraduate courses in the Department of
Health, Human Performance and Recreation
- 2014 – 2019 *Adjunct Faculty*, Baylor University, Waco TX
Adjunct instructor for undergraduate athletic training courses in the
Department of Health, Human Performance and Recreation
- 2016 – 2019 *Certified Athletic Trainer*, Southwest Sports Medicine, Waco TX
Provide athletic training services to local high schools and special events
- 2013 – 2017 *Certified Athletic Trainer*, Varsity Cheer, TX
Travel to provide athletic training services at local, regional, and national
cheerleading camps and competitions

2013 – 2016 *Graduate Assistant Athletic Trainer, Baylor University, Waco TX*
Provided athletic training services for the Baylor women's tennis team.
Served as a preceptor for undergraduate students in the Athletic Training
Education Program.

Teaching Experience

Graduate Courses

Stephen F. Austin State University

ATTR 5332 Evaluation Techniques of Lower Extremity (Fall 2020)

Classroom study of clinical evaluations involving bony and soft-tissue anatomy, signs and symptoms, and orthopedic testing for lower extremity, pelvic, and lumbar injuries and conditions commonly sustained by the physically active

ATTR 5132 Evaluation Techniques of Lower Extremity Laboratory (Fall 2020)

In the laboratory accompanying ATTR 5332, students will learn psychomotor skills through the application process of systematic evaluation techniques for lower extremity injuries sustained by the physically active.

ATTR 5110 Medical Terminology (Summer 2020)

Online course of medical terminology used by health professionals. Content includes musculoskeletal and orthopedic definitions, abbreviations, and athletic training specific terminology.

ATTR 5230 Seminar in Athletic Training (Spring 2020)

Current trends and issues, competency review and professional development in athletic training.

ATTR 5334 Management Strategies in Athletic Training (Spring 2020 – Present)

Course designed to introduce the athletic training student to management techniques, professional practice, and health care administration that are encountered in athletic training.

ATTR 5336 Therapeutic Exercise (Fall 2019 – Present)

Theoretical principles and practical application of therapeutic exercise related to the musculoskeletal rehabilitation of the physically active.

ATTR 5136 Therapeutic Exercise Laboratory (Fall 2019 – Present)

Laboratory accompanying KIN536: Therapeutic Exercise. Students will learn psychomotor skills of the theoretical principles and practical application of therapeutic exercise related to the musculoskeletal rehabilitation of the physically active.

ATTR 5138 Introduction to Interprofessional Education (Fall 2020)

A foundational course to introduce students to concepts related to the interaction, education, collaboration, and practice between health care professionals.

ATTR 5239 Interprofessional Learning and Practice (Spring 2021)

Course designed to provide students from various professional health programs opportunities to learn and practice as members of interprofessional health care teams.

Baylor University

EDL 6302 Teaching & Learning in Higher Education (Co-Instructor, Spring 2018)

A doctoral seminar designed to introduce graduate students to teaching in higher education through the exploration of curricular issues, course development and content, teaching techniques, learning concepts and theories, and the nature of faculty work.

Undergraduate Courses

Stephen F. Austin State University

KINE 4317 Analysis of Movement (Fall 2020)

The study of anatomical and mechanical factors that influence human movement.

KINE 2356 Prevention and Care of Athletic Injuries (Fall 2019 – Present)

An introductory course designed to teach the prevention and management of athletic injuries. Students explore the basic analysis of theories and practices in preventing, recognizing, and treating common athletic injuries.

Baylor University

HP 1420 Human Anatomy (Lab Instructor; 2016 – Present)

An introductory course designed to teach the basic life systems in the human body. Detailed examination of the circulatory, muscular, skeletal, respiratory, and endocrine systems will be emphasized.

HP1421 Introduction to Human Physiology (Lab Instructor; 2017 – Present)

Provides the scientific foundation for the field of medicine, exercise physiology and all professions related to human health. Basic chemical and biological concepts will provide students the framework to comprehend physiological principles.

HP 2140 Injury Assessment: Upper Extremity Lab (Spring 2015)

This lab provides students the opportunity to experientially learn evaluation/diagnostic techniques related to upper extremity, head, and neck pathology.

HP 2320 Clinical Education II (Spring 2017)

Students are assessed on psychomotor skills learned from the previous semesters. Students will also complete a minimum of 200 clinical education hours under the direct supervision of his/her assigned preceptor.

HP 3142 Therapeutic Modalities Lab (Fall 2014, Fall 2015)

This lab provides students the opportunity to experientially learn application of theory and techniques utilized in the treatment of a variety of orthopedic injuries and illnesses.

HP 3343 Administration in Sports Medicine (Fall 2016, Fall 2017)

Students will learn various issues, policies, and procedures involved in administration of sports medicine settings. This includes leadership theories, facility design, personnel management, legal issues, equipment, budget, record keeping, healthcare services, and public relations.

HP 4320 Clinical Education IV (Spring 2018)

Students will be assessed on psychomotor and cognitive skills learned from previous semesters. Student will be assigned to clinical education rotations under the direct supervision of a clinical instructor and must complete a minimum of 200 clinical education hours.

Guest Lectures

Fitness First Aid. Lecture given to undergraduate students enrolled in Fitness Theory at Baylor University. Summer 2018

Resume, Cover Letter, and Interviewing 101. Lecture given to junior-level students in the Baylor athletic training program. Spring 2017

Mentorship

- Faculty Mentor, Office of Multicultural Affairs AXcel program 2019 – Present
- Mentor, NATA Ethnic Diversity Advisory Committee 2017 – Present
- Reviewer, Professional Development Documents 2015 – Present

Research and Scholarship

Refereed Journal Publications

Vineyard, A., Gallucci A., Adair K., Oglesby L., **White K.**, Wynveen C. (Accepted). Prevalence and Predictors of Burnout in Athletic Training Students: A Comparison of Undergraduate and Graduate Students. *Athletic Training Education Journal*.

Amrani, K., Gallucci, A., & Magnusen, M. (2019). Data-Based Interval Hitting Program for a Collegiate Tennis Player: A Case Report. *International Journal of Athletic Therapy and Training*, 24(1), 15-18

Oglesby, L., **Amrani, K.**, Wynveen, C., & Gallucci, A. (2018). Do Energy Drink Consumers Study More?. *J Community health*. 43:48-54

Refereed Presentations

White, K., Gallucci, A. (July 2020). Factors Influencing Stress and Depressive Symptoms among Collegiate Student-Athletes. Presented at the 70th National Athletic Trainers' Association Clinical Symposia. Virtual.

Amrani, K., Gallucci, A., Vineyard, A. (July 2019). The Influence of Varsity Athletic Participation and Injury History on Depressive Symptoms among College Students. Presented at the Southwest Athletic Trainers' 65th Annual Meeting and Clinical Symposia. Arlington, TX.

Amrani, K., Oglesby, L., Gallucci, A. (June 2018). The Influence of Depressive Symptoms on Substance Abuse in a Sample of Collegiate Athletes. Presented at the 69th National Athletic Trainers' Association Clinical Symposia. New Orleans, LA.

Amrani, K., Oglesby, L., Gallucci, A. (July 2017). The relationship between injury history, injury severity, and depressive symptoms. Presented at the Southwest Athletic Trainers' Association 63rd Annual Meeting. San Marcos, TX.

*Awarded Best Abstract Oral Presentation, Post-Professional

Amrani, K. & Gallucci, A. (June 2017). Injures are such a downer: a review of depressive symptoms among collegiate and professional athletes. Presented at the National Athletic Trainers' Association 68th Annual Clinical Symposia. Houston, TX.

Amrani, K. & Gallucci, A. (June 2016). Playing from the baseline: data driven interval sports program in tennis. Presented at the National Athletic Trainers' Association 67th Annual Clinical Symposia. Baltimore, MD.

Invited Presentations

The Gen-Z Frenzy: Teaching & Learning in the post-Millennial Generation. (January 2021). Presented as part of Stephen F. Austin State University's Diversity Certificate

What do Employers Look at When Hiring? A Panel (July 2019). Presented at SWATA 65th Annual Meeting and Clinical Symposia. Arlington, TX.

Job Well Done! Tips for before, during and after your best interview yet (July 2018). Presented at the Southwest Athletic Trainers' Association 64th Annual Meeting. Arlington, TX.

Nailed It! Tips for before, during, and after your best interview yet (July 2017). Presented at the Southwest Athletic Trainers' Association 63rd Annual Meeting. San Marcos, TX.

Career Development (February 2017). Presented at the 2017 SWATA Competency Workshop.
San Marcos, TX

Grant Funding

Internal Support Received

Title: Graduate Conference Travel Award, July 2019

Agency: Baylor University – Graduate School

Amount: \$1,000

Status: Funded

Title: Graduate Conference Travel Award, June 2018

Agency: Baylor University – Graduate School

Amount: \$1,000

Status: Funded

Title: Graduate Conference Travel Award, July 2017

Agency: Baylor University – Graduate School

Amount: \$1,000

Status: Funded

Title: Graduate Conference Travel Award, June 2017

Agency: Baylor University – Graduate School

Amount: \$1,000

Status: Funded

Title: Graduate Conference Travel Award, June 2016

Agency: Baylor University – Graduate School

Amount: \$1,000

Status: Funded

Service

Professional Affiliations

Member, National Athletic Trainers' Association (NATA), #56261

Member, Southwest Athletic Trainers' Association (SWATA)

Member, Texas State Athletic Trainers' Association (TSATA)

National Provider Identification Number: 1306380969

Certifications

Licensed Athletic Trainer, Texas (#AT5702), 2013-Present

Certified Athletic Trainer (Certification #BOC217886), 2013-Present

American Red Cross for the Healthcare Provider, 2000-Present

Professional Service

Reviewer, NATA Research & Education Foundation's 2020 Student Writing Contest
Mock Interviewer, Southwest Athletic Trainers' Association 63rd Annual Meeting

University Service

Organization for Women's Leadership & Equity (OWLE), Member	August 2020-Present
Perkins College of Education Diversity Committee, Member	2020-2023
Perkins College of Education Graduate Faculty Research Methodology Committee, Member	Spring 2020-Present
Department of Kinesiology Policy Committee, Member	2019-Present
SFA Move-In Day, Volunteer	Fall 2019
Outstanding Graduate Student Instructor Selection Committee	Fall 2018
Women in the Academy (WITA) Conference Planning Committee	2017-2018

Professional Development

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| ➤ SFA Diversity and Inclusion Certification | Fall 2020 |
| ➤ SFA CTL Interactive Video Certification | Fall 2020 |
| ➤ SFA Camp CTL | Summer 2020 |
| ➤ SFA CTL Online Instructor Certification | Spring 2020 |
| ➤ SFA Foundations of Teaching & Learning Series | Fall 2020 |
| ➤ NATA Leadership Development Certificate, Participant | 2017 – Present |
| ➤ Baylor Women in the Academy (WITA) Mentorship Program Co-Chair | 2017-2018 |
| ➤ Teaching Capstone in Higher Education (TeaCHE) Participant | 2016-2017 |

This one-year capstone, offered by the Baylor University Graduate School, is intended to enhance your readiness to teach in the higher education environment. The capstone consists of five categories of tasks, each category containing its own requirements for completion of the program.