# TEXAS CHRISTIAN UNIVERSITY - HARRIS COLLEGE OF NURSING & HEALTH SCIENCES

# VITA JUNE 2022

1. <u>Name</u>

Gina K. Alexander

2. Contact Information

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- 3. Academic Background
  - a. Education

**Doctor of Philosophy**, May 2009 School of Nursing, University of Virginia, Charlottesville, VA

**Master of Science in Nursing**, December 2008 School of Nursing, University of Virginia, Charlottesville, VA

#### Master of Public Health, May 2003

Department of Health Behavior and Health Education School of Public Health, the University of North Carolina at Chapel Hill

**Bachelor of Science in Nursing**, *Summa cum Laude*, May 1998 School of Nursing, Oklahoma Baptist University, Shawnee, OK

b. Professional Certification

Registered Nurse Licensure, Texas

c. Present Rank

Associate Professor

d. Year of Appointment to TCU and Rank

2016, Associate Professor 2010, Assistant Professor

e. Year of Last Promotion

2016

f. Previous Teaching and/or Research Appointments other than TCU

# Faculty Associate, 2009 - 2010

Center for the Study of Complementary and Alternative Therapies School of Nursing, University of Virginia

- Analyzed data from a mixed methods study of social environmental factors affecting long-term maintenance of yoga practice among individuals with or at risk for type 2 diabetes.
- Prepared findings from data analysis for submission to scientific journals.

# Predoctoral Fellow, 2006 - 2009

Center for the Study of Complementary and Alternative Therapies School of Nursing, University of Virginia

- Completed original research, using quantitative and qualitative methods, to examine the long-term maintenance of yoga practice for diabetes control and prevention.
   Dissertation: *Maintaining Yoga Practice for Diabetes Control and Prevention*
- Participated in the recruitment, enrollment, intervention, and analysis of a yoga-based randomized, controlled clinical trial.

# Research and Teaching Assistant, 2005 - 2006

School of Nursing, University of Virginia

- Implemented the Virginia arm of the Binghamton University-based community research study, "Promoting Heart Health," among rural women in central Virginia.
  - Conducted phone- and home-based motivational coaching sessions with participants.
- Participated in the enrollment, implementation, and analysis of a community-based research study, "Testing a Group Intervention for Managing Diabetes with Rural African Americans," in central Virginia.
  - Transcribed all group sessions and assisted in qualitative analysis.
- Assisted in monitoring GNUR 722: Health Care Systems: Planning & Evaluation, an online graduate course.
- Assisted in the development and evaluation of NUIP 415: Leadership and Management in Health Care Systems, an undergraduate course.

# Nurse Educator, 2004 - 2005

Stuckenhoff School of Nursing, Casper College, Casper, WY

- Taught HLTK 1220: Human Growth and Development, a course designed for pre-health care professional students.
- Taught NRST 2635: Nursing Process III and NRST 2645: Nursing Process IV, courses designed for nursing students in their final year, held in the clinical setting of the Wyoming Medical Center general medical unit.
- Developed a new course, HLTK 1975: Spanish for Health Care Workers.

# Research Assistant, 2003

Institute on Aging, UNC-Chapel Hill

- Assisted in the design of an Internet-based intervention for caregivers of senior adults with dementia.
- Conducted in-home computer and Internet training for caregivers.
- Evaluated the process and feasibility of Web-based instruction designed for

caregivers.

# Teaching Assistant, 2002 - 2003

School of Nursing, UNC-Chapel Hill

- Conducted review sessions for undergraduate NURS 361: Pathophysiology.
- Developed and administered quizzes for undergraduate NURS 362: Pharmacology across the Lifespan.

## Research Assistant, 2001 - 2002

"¡A Su Salud!" Distance Education Pilot Project, Office of the Provost, UNC-Chapel Hill

- Participated in the formative evaluation of a pilot project designed to teach Spanish to health care professionals in a distance education format.
- Co-moderated focus group sessions in Spanish and in English.
- Analyzed the qualitative data yielded by the focus groups to inform the development of training modules.
- g. Previous Professional Positions

# Patient Management Coordinator, 2003 - 2004

Community Health Center of Central Wyoming — University of Wyoming Family Practice Residency, Casper, WY

- Oversaw patient care management systems, including the Diabetes Collaborative.
- Conducted trainings with nursing staff and providers on elements of disease management.
- Directed the quality assurance program.
- Participated in grant writing and strategic planning for the organization.
- Developed plans for program evaluation and implemented tools for evaluation.

# Charge Nurse, 2000 - 2001

Tarrant County Public Health Department, Lake Worth, TX

- Supervised a staff of 3 coworkers.
- Coordinated and provided direct health services of well child, immunization, family planning, and perinatal hepatitis B clinics.
- Completed monthly county reports and state reports.
- Chaired the Lead Poisoning Prevention Committee.

#### Public Health Nurse, 1999 - 2000

Tarrant County Public Health Department, Arlington, TX

- Worked within well child, immunization, and family planning clinics.
- Served as an active member of the Lead Poisoning Prevention Committee.

#### Staff Nurse, 1998 - 1999

Children's Medical Center, Dallas, TX

- Implemented direct nursing care on a general pediatrics unit.
- Worked extensively with families of children with chronic and acute illnesses.

| Year | CNE contact hours | Other |
|------|-------------------|-------|
| 2022 | 12                |       |
| 2021 | 28.96             |       |
| 2020 | 17.5              | 40    |
| 2019 | 22.75             | 2     |
| 2018 | 13.75             | 16.5  |
| 2017 | 19.5              |       |
| 2016 | 34.4              |       |
| 2015 | 20.75             |       |
| 2014 | 31.79             |       |
| 2013 | 39.25             |       |
| 2012 | 14.5              |       |
| 2011 | 65.5              |       |

h. Formal continuing education associated with professional development

| Date(s)           | Title   | CNE       |
|-------------------|---|-----------|
|                   |   | contact   |
|                   |   | hours     |
| April 28-29, 2022 | Clinical Judgment and Next Generation NCLEX<br>(ATI)      | 10.0      |
|                   |   | 1.0       |
| March 30, 2022    | "Transforming the Academia: Primary Care, Health          | 1.0       |
|                   | Equity, and the <i>Future of Nursing</i> Report"          |           |
| M 1 00 0000       | TCU Rankin Lecture (Faculty Session)                      | 1.0       |
| March 30, 2022    | "The Limits of Healthcare Before and After COVID-19"      | 1.0       |
|                   | TCU Rankin Lecture  |           |
| Jan 2022 – Jun    | Climate Health Organizing Fellowship                      | non-CNE   |
| 2022              | (Cambridge Health Alliance Center for Health Equity       |           |
|                   | Education and Advocacy – Harvard University               |           |
| AY 2021-2022      | Innovative Teacher Certificate Program                    | non-CNE   |
|                   | (TCU Institute for Entrepreneurship and Innovation)       |           |
| June 10 – 11,     | Annual Institute (virtual): Advocacy in Community/Public  | 19.96     |
| 2021              | Health Nursing Policy, Education, and Research            |           |
|                   | (Association of Community Health Nursing Educators)       |           |
| Spring 2021       | Interprofessional Faculty Development &                   | 6.0       |
|                   | Microcredentialing Program                                |           |
|                   | (University of North Texas Health Science Center)         |           |
| February 8, 2021  | Virtual Nurse Day at the Capitol                          | 3.0       |
|                   | (Texas Nurses Association)                                |           |
| Fall 2020         | Cross Timbers Master Naturalist Training                  | 40        |
|                   | (Texas Parks & Wildlife & Texas A & M Agrilife Extension) | (non-CNE) |
| September 11,     | Cultivating an Inclusive Learning Environment for         | 1.5       |
| 2020              | Inclusive Healthcare/Health Care                          |           |
|                   | (TCU Nursing)   |           |
| June 4 – 5, 2020  | Annual Institute (virtual): Building a Vibrant Path to    | 16        |

|                           | Population Health: Emerging Trends and Opportunities                                   |           |
|---------------------------|--|-----------|
|                           | (Association of Community Health Nursing Educators)                                    |           |
| October 18, 2019          | Workshop on Writing Self-Studies   | 6.5       |
|                           | (Commission on Collegiate Nursing Education)   |           |
| August 26, 2019           | Texas Health Steps: Management of Overweight and                                       | 1.5       |
|                           | Obesity in Children and Adolescents  |           |
|                           | (Texas Department of State Health Services)  |           |
| July 25 – 27, 2019        | Theory-to-Practice: Catalyzing Collaborations to Connect                               | 13.75     |
|                           | Globally   |           |
|                           | (Sigma Theta Tau International 30 <sup>th</sup> Nursing Research                       |           |
|                           | Congress)  | 4         |
| February 6, 2019          | "Is Nursing's Legacy Coming Full Circle?"<br>(TCU Rankin Lecture)                      | 1         |
| January 12, 2019          | "Wellness Workshop: Nourishing Body and Soul"  | 2         |
| January 12, 2019          | (Texas Academy of Nutrition and Dietetics Northeast                                    | (non-CNE) |
|                           | Region)  |           |
| October 24, 2018          | "Responding to Human Trafficking: A Healthcare   | 1.0       |
| ,                         | Perspective"   |           |
|                           | (TCU Nursing Green Honors Chair)   |           |
| July 22 – 25, 2018        | Annual Leadership Institute  | 16.5      |
|                           | (Nature Explore Outdoor Classroom Project)   | (non-CNE) |
| June 7 – 9, 2018          | Annual Institute: Celebrating the Past,  | 12.75     |
|                           | Envisioning the Future   |           |
|                           | (Association of Community Health Nursing Educators)                                    |           |
| November 4 – 8,           | Creating the Healthiest Nation: Climate Changes Health                                 | 9         |
| 2017                      | (American Public Health Association)   |           |
| June 8 – 10, 2017         | Annual Institute: Developing and Supporting Leadership                                 | 10.5      |
|                           | in Public Health Nursing Practice and Education  |           |
|                           | (Association of Community Health Nursing Educators)                                    |           |
| August 18, 2016           | Improving Proficiency with Item Writing and Exam                                       | 6         |
|                           | Creation   |           |
| August 4, 2016            | Nursing Care of Vulnerable Populations in Texas  | 6.5       |
|                           | (JPS Health Network: North Texas Nursing Consortium                                    |           |
|                           | Summer Institute)  |           |
|                           | Includes two TBON mandatory CNE requirements:<br>2 CNE for Older Adults/Geriatric Care |           |
|                           | 2 CNE for Nursing Jurisprudence and Ethics   |           |
| June 2016                 | Environmental Health: An Integrative Approach  | 6         |
|                           | (Arizona Center for Integrative Medicine)  |           |
| May 20, 2016              | Knowledge to Action: Unifying Health Literacy Efforts in                               | 5.4       |
|                           | Texas (4th Annual Health Literacy Symposium)   |           |
| February 24-27,           | A Solid Legacy, a Bright Tomorrow: Bridging the Past and                               | 10.5      |
| 2016                      | Future of Nursing Research (30 <sup>th</sup> Annual Conference,                        |           |
|                           | Southern Nursing Research Society)   | <u> </u>  |
| November $1 - 3$ ,        | Health in All Policies (143rd Annual Meeting, American                                 | 9         |
| 2015<br>February 25 – 28, | Public Health Association)<br>Conducting Research in Difficult Times: Come Revitalize  | 11.75     |
| 2015 - 20,                | your Research Spirit (29 <sup>th</sup> Annual Conference, Southern                     | 11.75     |
| 2010                      | Nursing Research Society)  |           |
| I                         |  |           |

| lung 5 7 2014     | Social Justice: Within & Poyland Our Porders                | 8.49 |
|-------------------|---|------|
| June 5 – 7, 2014  | Social Justice: Within & Beyond Our Borders                 | 8.49 |
|                   | (Annual Institute, Association of Community Health          |      |
|                   | Nursing Educators)  | 4.0  |
| April 17 – 18,    | National Implementation of TeamSTEPPS™ Training             | 1.3  |
| 2014              | (University of Washington)                                  | 1.0  |
| March 5, 2014     | Interprofessional Education and Collaborative Practice      | 1.0  |
|                   | (TCU Rankin Lecture)  |      |
| February 18, 2014 | Engaging in Meaningful Learning: Teaching Nurses            | 6.0  |
|                   | Critical Thinking and Clinical Reasoning                    |      |
|                   | Nursing Faculty Workshop (HCNHS)                            |      |
| February 17, 2014 | The Nursing Curriculum Refreshment Process and the          | 6.0  |
|                   | Concept-Based Curriculum                                    |      |
|                   | Nursing Faculty Workshop (HCNHS)                            |      |
| February 12 – 15, | Enhancing Value-Based Care: Generating New                  | 9.0  |
| 2014              | Knowledge   |      |
|                   | (28th Annual Conference, Southern Nursing Research          |      |
|                   | Society)  |      |
| September 11,     | Methods of Chronic Disease Self-Management                  | 1.25 |
| 2013              | (Texas Health Dallas - Texas Health Resources               |      |
| 2010              | University)   |      |
|                   | Oniversity  |      |
| June 27, 2013     | Current Topics in Cancer Survivorship – Medical and         | 2.0  |
| Julie 27, 2013    | Ethical Considerations                                      | 2.0  |
|                   |   |      |
| May 20 21 2012    | (Moncrief Cancer Institute)                                 | 22.5 |
| May 29 – 31, 2013 | Research Intensive Workshop: Nuts and Bolts of              | 22.5 |
|                   | Designing, Conducting, Analyzing, and Funding               |      |
|                   | Intervention Studies  |      |
|                   | (Ohio State University College of Nursing)                  |      |
| April 3, 2013     | "Transforming Healthcare: The New Science of Quality        | 1.0  |
|                   | and Healthcare"   |      |
|                   | TCU Rankin Lecture  |      |
| February 28 –     | 27 <sup>th</sup> Annual Conference: Expanding Networks of   | 11.5 |
| March 2, 2013     | Knowledge for Healthcare Innovations                        |      |
|                   | (Southern Nursing Research Society)                         |      |
| February 26, 2013 | "The Formation of Professional Identity: Preparing          | 1.0  |
| <b>,</b> ,        | Students for Civic Responsibility and Service"              |      |
|                   | TCU Nursing Green Honors Chair                              |      |
| September 21,     | "Reforming and Renewing the                                 | 5.5  |
| 2012              | Education of Professions"                                   | 010  |
| 2012              | (UNT HSC)   |      |
| April 24, 2012    | "Promoting Health Equity: Evidence Based Programs in        | 1    |
| , ipin 27, 2012   | Public Health "   | I    |
|                   | TCU Rankin Lecture  |      |
| March 28 – 29,    |   | 7    |
| -                 | "Older Adults: Challenges in Meeting Their Health<br>Needs" | 1    |
| 2012              |   |      |
| 1                 | 7 <sup>th</sup> Hogstel Gerontological Nursing Symposium    |      |
| January 10, 2012  | "QSEN and the Faculty Role"                                 | 1    |
|                   | Back to School Nursing Faculty Workshop (HCNHS)             |      |
|                   |   |      |
| October 29 –      | 41 <sup>st</sup> Biennial Convention: People and Knowledge: | 8.75 |

| November 2, 2011  | Connecting for Global Health (Sigma Theta Tau             |      |
|-------------------|---|------|
|                   | International)  |      |
| August 16, 2011   | Back to School Nursing Faculty Workshop (HCNHS)           | 4.25 |
| June 9 – 11, 2011 | Annual Institute: Preparing Public Health Nurses for 2020 | 8    |
|                   | (Association of Community Health Nursing Educators)       |      |
| May 14, 2011      | Cowtown Oncology Symposium (HCNHS)                        | 7.5  |
| May 9, 2011       | TCU Office of Sponsored Research IRB 10001                | N/A  |
| April 28 – 29,    | Test Development Workshop (HCNHS)                         | 7.5  |
| 2011              |   |      |
| February 11 – 13, | Faculty Development Conference: Success Strategies for    | 10.5 |
| 2011              | New Faculty (American Association of Colleges of          |      |
|                   | Nursing)  |      |
| February 7 – 9,   | Comprehensive Systematic Review Training (HCNHS)          | 19   |
| 2011              |   |      |

- i. Honors and Awards
  - 2022 ACHNE Advocacy for Public Health Nursing Award, presented at the annual institute of the Association of Community Health Nursing Educators (ACHNE)
  - 2022 Honoree, Dallas-Fort Worth Great 100 Nurses: https://www.dfwgreat100nurses.com/2022-dfw-great-100-nurses
  - 2022 Climate Health Organizing Fellow, Cambridge Health Alliance Center for Health Equity Education and Advocacy: <u>https://www.healthequity.challiance.org/chof-fellows</u>

(on RxPLORE<sup>™</sup> team with colleagues Vicki Brooks and Tammie Williams)

- 2022 Nominee, Ruth Eloise Sperry Teaching award
- 2020 Merited leave of absence, Spring 2020
- 2019 Appointment to the Council of Public Health Nursing Organizations (formerly the Quad Council Coalition of Public Health Nursing Organizations). The CPHNO provides voice and visibility for community/public health nurses, sets a national policy agenda on issues related to community/public health nursing, and advocates for excellence in community/public health nursing education, practice, leadership, and research (https://www.cphno.org/)
- 2019 Nominee, Harris College of Nursing, Chancellor's Award for Research and Creative Activity
- 2016 Senior Class Legacy Award Recognition (Autumn Hackett, Nursing Honors student)
- 2006 2009 Predoctoral Fellowship, National Institutes of Health, Ruth L. Kirschstein National Research Service Award (NRSA) Institutional Research Training Grant
- 2006 2009 Tomorrow's Professor Today, Teaching Resource Center, University of Virginia, selected participant
- 2002 American Public Health Association Outstanding Graduate Student Poster
- 1998 Outstanding Graduating Baccalaureate Student, Beta Delta chapter, Sigma Theta Tau International Honor Society of Nursing
- 1998 Honoree, Who's Who among American Universities & Colleges
- 1997 Inductee, Sigma Theta Tau International Honor Society of Nursing, Beta Delta chapter
- 1997 Inductee, Mortar Board National College Senior Honor Society
- 1997 Inductee, Omicron Delta Kappa National Leadership Honors Society

# 4. <u>Teaching</u>

# a. Courses Taught

| Term           | Course #      | Title                                 | Students       | Comments   |
|----------------|---------------|---------------------------------------|----------------|--|
| Spring<br>2022 | NURS<br>40863 | Public Health<br>Nursing:<br>Concepts | 42<br>students | Face-to-face course, on-<br>campus course  |
| Spring<br>2022 | NURS<br>40882 | Public Health<br>Nursing:<br>Clinical | 11<br>students | Face-to-face course, off-<br>campus work with Morningside<br>Elementary garden and the City<br>of Fort Worth Park and<br>Recreation Department             |
| Spring<br>2022 | NURS<br>40003 | Senior Honors<br>Project              | 1 student      | Honors thesis Chair, project on<br>mental health effects of garden-<br>based learning at Morningside<br>Elementary   |
| Fall<br>2021   | NURS<br>40863 | Public Health<br>Nursing:<br>Concepts | 30<br>students | Face-to-face course, on-<br>campus course  |
| Fall<br>2021   | NURS<br>40882 | Public Health<br>Nursing:<br>Clinical | 11<br>students | Face-to-face course, off-<br>campus work with Morningside<br>Elementary School, Stripling<br>Middle School, and the City of<br>Fort Worth Park & Rec dept. |
| Fall<br>2021   | NURS<br>40003 | Senior Honors<br>Project              | 1 student      | Honors thesis Chair, project on<br>mental health effects of garden-<br>based learning at Morningside<br>Elementary   |
| Spring<br>2021 | NURS<br>40863 | Public Health<br>Nursing:<br>Concepts | 34<br>students | Face-to-face course, on-<br>campus course  |
| Spring<br>2021 | NURS<br>40882 | Public Health<br>Nursing:<br>Clinical | 11<br>students | Face-to-face course, off-<br>campus work with Tarrant<br>County Public Health mass<br>vaccination hubs and<br>Morningside Elementary garden                |
| Spring<br>2021 | NURS<br>40003 | Senior Honors<br>Project              | 1 student      | Honors thesis Chair, project on<br>nature-based health promotion<br>for TCU campus community   |
| Fall<br>2020   | NURS<br>40863 | Public Health<br>Nursing:<br>Concepts | 47<br>students | Face-to-face course, on-<br>campus course  |
| Fall<br>2020   | NURS<br>40882 | Public Health<br>Nursing:             | 10<br>students | Face-to-face course, off-<br>campus work with Morningside  |

|                |            | Clinical             |                       | Elementary School garden   |
|----------------|------------|----------------------|-----------------------|--|
| Fall           | NURS       | Senior Honors        | 1 student             | Honors thesis Chair, project on  |
| 2020           | 40003      | Project              |                       | nature-based health promotion  |
|                |            |                      |                       | for TCU campus community   |
| Spring<br>2020 | Merited Lo | eave of Absence      |                       |  |
| Fall           | NURS       | Public Health        | 35                    | Face-to-face course, on-   |
| 2019           | 40863      | Nursing:<br>Concepts | students              | campus course  |
| Fall           | NURS       | Public Health        | 11                    | Face-to-face course, off-  |
| 2019           | 40882      | Nursing:<br>Clinical | students              | campus work with Morningside<br>Elementary School                        |
| Spring         | NURS       | Public Health        | 21                    | Two sections of clinical: One  |
| 2019           | 40882      | Nursing:             | students              | with Lena Pope Chapel Hill   |
|                |            | Clinical             | (two                  | Academy; one with the Nurse-   |
|                |            |                      | clinical<br>sections) | Family Partnership (Tarrant<br>County Public Health)                     |
| Fall           | NURS       | Public Health        | 40                    | Face-to-face course, on-   |
| 2018           | 40863      | Nursing:             | students              | campus course  |
|                |            | Concepts             |                       |  |
| Fall           | NURS       | Public Health        | 12                    | Face-to-face course, off-  |
| 2018           | 40882      | Nursing:             | students              | campus work with Lena Pope   |
|                |            | Clinical             |                       | Chapel Hill Academy  |
| Spring         | NURS       | Public Health        | 49                    | Face-to-face course, on-   |
| 2018           | 40863      | Nursing:<br>Concepts | students              | campus course  |
| Spring         | NURS       | Public Health        | 11                    | Face-to-face course, off-  |
| 2018           | 40882      | Nursing:             | students              | campus work with Rosemont 6 <sup>th</sup>                                |
|                |            | Clinical             |                       | School   |
| Fall           | NURS       | Public Health        | 37                    | Face-to-face course, on-   |
| 2017           | 40863      | Nursing:             | students              | campus, revised course with  |
|                |            | Concepts             | 10                    | new title  |
| Fall           | NURS       | Public Health        | 12<br>studente        | Face-to-face course, off-  |
| 2017           | 40882      | Nursing:<br>Clinical | students              | campus work with Rosemont 6 <sup>th</sup><br>School, revised course with |
|                |            | Cimical              |                       | new title  |
| Spring         | NURS       | Community            | 40                    | Face-to-face course, on-   |
| 2017           | 40813      | Health Nursing:      | students              | campus, writing emphasis   |
|                |            | Concepts             |                       | course   |
| Spring         | NURS       | Community            | 11                    | Face-to-face course, off-  |
| 2017           | 40882      | Health Nursing:      | students              | campus work with Rosemont 6 <sup>th</sup>                                |
|                |            | Practicum            |                       | School   |
| Spring         | NURS       | Senior Honors        | 1 student             | Honors thesis Chair, project on  |
| 2017           | 40003      | Project              |                       | environmental health education   |
| Foll           | NILIDO     | Community            | 22                    | for TCU campus community   |
| Fall           | NURS       | Community            | 33                    | Face-to-face course, on-   |

| 2016           | 40813         | Health Nursing:<br>Concepts                  | students       | campus  |
|----------------|---------------|--|----------------|---|
| Fall<br>2016   | NURS<br>40882 | Community<br>Health Nursing:<br>Practicum    | 9<br>students  | Face-to-face course, off-<br>campus work with Rosemont<br>6th School                            |
| Fall<br>2016   | NURS<br>40003 | Senior Honors<br>Project                     | 1 student      | Honors thesis Chair, project on<br>environmental health education<br>for TCU campus community   |
| Spring<br>2016 | NURS<br>40813 | Community<br>Health Nursing:<br>Concepts     | 43<br>students | Face-to-face course, on-<br>campus, writing emphasis<br>course                                  |
| Spring<br>2016 | NURS<br>49385 | Reflective<br>Practice III (two<br>sections) | 16<br>students | Face-to-face course, off-<br>campus work with Riverside<br>Middle School                        |
| Spring<br>2016 | NURS<br>40003 | Senior Honors<br>Project                     | 1 student      | Honors thesis Chair, project on<br>health promotion in women<br>experiencing homelessness       |
| Fall<br>2015   | NURS<br>40813 | Community<br>Health Nursing:<br>Concepts     | 36<br>students | Face-to-face course, on-<br>campus, writing emphasis<br>course                                  |
| Fall<br>2015   | NURS<br>40882 | Community<br>Health Nursing:<br>Practicum    | 10<br>students | Face-to-face course, off-<br>campus work with Riverside<br>Middle School                        |
| Fall<br>2015   | NURS<br>40003 | Senior Honors<br>Project                     | 1 student      | Honors thesis Chair, project on<br>health promotion in women<br>experiencing homelessness       |
| Fall<br>2015   | NURS<br>88082 | Advanced<br>Project (DNP)                    | 1 student      | DNP project committee member  |
| Spring<br>2015 | NURS<br>40813 | Community<br>Health Nursing:<br>Concepts     | 41<br>students | Face-to-face course, on-<br>campus, writing emphasis<br>course                                  |
| Spring<br>2015 | NURS<br>40882 | Community<br>Health Nursing:<br>Practicum    | 12<br>students | Face-to-face course, off-<br>campus work with Riverside<br>Middle School                        |
| Spring<br>2015 | NURS<br>49385 | Reflective<br>Practice III                   | 11<br>students | Face-to-face course, off-<br>campus work with Riverside<br>Middle School                        |
| Spring<br>2015 | NURS<br>60030 | Professional<br>Project                      | 1 student      | Master's student, focused on<br>Nurse Education tract, project<br>on parent refusal of vaccines |
| Fall<br>2014   | NURS<br>40813 | Community<br>Health Nursing:<br>Concepts     | 35<br>students | Face-to-face course, on-<br>campus, writing emphasis<br>course                                  |
| Fall<br>2014   | NURS<br>40882 | Community<br>Health Nursing:                 | 9<br>students  | Face-to-face course, off-<br>campus work with Moncrief  |

|        |       | Practicum               |                | Cancer Institute                 |
|--------|-------|-------------------------|----------------|----------------------------------|
| Fall   | NURS  | Professional            | 1 student      | Master's student, focused on     |
| 2014   | 60030 | Project                 |                | Nursing Education tract, project |
|        |       |                         |                | on parent refusal of vaccines    |
| Spring | NURS  | Community               | 38             | Face-to-face course, on-         |
| 2014   | 40813 | Health Nursing:         | students       | campus, writing emphasis         |
|        | 10010 | Concepts                | otadonto       | course                           |
| Spring | NURS  | Reflective              | 10             | Face-to-face course, off-        |
| 2014   | 49385 | Practice III            | students       | campus work with Moncrief        |
|        |       |                         |                | Cancer Institute                 |
| Fall   | NURS  | Community               | 32             | Face-to-face course, on-         |
| 2013   | 40813 | Health Nursing:         | students       | campus, writing emphasis         |
|        |       | Concepts                |                | course                           |
| Fall   | NURS  | Community               | 20             | Face-to-face course, off-        |
| 2013   | 40882 | Health Nursing:         | students       | campus work with the Day         |
|        |       | Practicum, two          |                | Resource Center for the          |
|        |       | sections                |                | Homeless (one section) and       |
|        |       |                         |                | University Christian Church      |
|        |       |                         |                | (other section)                  |
| Spring | NURS  | Community               | 39             | Face-to-face course, on-         |
| 2013   | 40813 | Health Nursing:         | students       | campus, writing emphasis         |
|        |       | Concepts                |                | course                           |
| Spring | NURS  | Reflective              | 10             | Face-to-face course, off-        |
| 2013   | 49385 | Practice III            | students       | campus work with the             |
|        |       |                         |                | University Christian Church &    |
|        |       |                         |                | Parish Nursing Program           |
| Fall   | NURS  | Community               | 35             | Face-to-face course, on-         |
| 2012   | 40813 | Health Nursing:         | students       | campus, writing emphasis         |
|        |       | Concepts                |                | course                           |
| Fall   | NURS  | Community               | 10             | Face-to-face course, off-        |
| 2012   | 40882 | Health Nursing:         | students       | campus work with the Fort        |
|        |       | Practicum               |                | Worth Safe Communities           |
|        |       |                         |                | Coalition, and on-campus work    |
|        |       |                         |                | with TCU Alcohol & Drug          |
|        |       |                         |                | Education Center                 |
| Spring | NURS  | Community               | 44             | Face-to-face course, on-         |
| 2012   | 40813 | Health Nursing:         | students       | campus, writing emphasis         |
|        |       | Concepts                |                | course                           |
| Spring | NURS  | Reflective              | 15             | Face-to-face course, on- and     |
| 2012   | 49385 | Practice III            | students       | off-campus, partnership with     |
|        |       |                         |                | TCU Alcohol & Drug Education     |
|        |       |                         |                | Center and with the Fort Worth   |
|        |       |                         |                | Emergency Services               |
|        |       | <b>O</b> a manual itali | 50             | Collaborative                    |
| Fall   | NURS  | Community               | 52<br>studente | Face-to-face course, on-         |
| 2011   | 40813 | Health Nursing:         | students       | campus, co-taught with Sharon    |

|                |               | Concepts                                  |                | Canclini, writing emphasis course  |
|----------------|---------------|---|----------------|--|
| Fall<br>2011   | NURS<br>40882 | Community<br>Health Nursing:<br>Practicum | 10<br>students | Face-to-face course, mostly off-<br>campus at Cornerstone<br>Assistance Network with some<br>on-campus work(children's<br>cardiovascular prevention<br>fitness program, outreach)    |
| Spring<br>2011 | NURS<br>40813 | Community<br>Health Nursing:<br>Concepts  | 64<br>Students | Face-to-face course, on-<br>campus, co-taught with Sharon<br>Canclini, writing emphasis<br>course  |
| Spring<br>2011 | NURS<br>49385 | Reflective<br>Practice III                | 16<br>students | Face-to-face course, mostly off-<br>campus at Cornerstone<br>Assistance Network with some<br>on-campus work, co-taught with<br>Sharon Canclini (promotora-led<br>diabetes education) |
| Fall<br>2010   | NURS<br>40813 | Community<br>Health Nursing:<br>Concepts  | 50<br>students | On-campus, face-to-face<br>course, co-taught with Pam<br>Frable and Sharon Canclini,<br>writing emphasis course  |
| Fall<br>2010   | NURS<br>40882 | Community<br>Health Nursing:<br>Practicum | 10<br>students | On-campus, face-to-face<br>course, co-taught with Sharon<br>Canclini (mass influenza clinic<br>planning/implementation)  |

- b. Courses developed at TCU
- c. Honors projects directed, or committee service

Chair:

- Amy Davin, "Impact of School Gardening on Children's Behavior" (Thesis Chair, January 2021 May 2022)
- Caroline Rogers, "Exploring College Students' Perceptions of Nature for Health Promotion" (Thesis Chair, January 2020 – May 2021), won first place in the 2021 Harris College Student Research Symposium
- Sophie Dohnalek, "Environmental Health Promotion among College Students, Faculty, and Staff" (Thesis Chair, February 2016 – May 2017), won second place in the 2017 Harris College Student Research Symposium
- Autumn Hackett, "Evaluation of Health on a Budget: A Program for Women Experiencing Homelessness" (Thesis Chair, December 2014 – May 2016), won first place in the 2016 Harris College Boller Award Competition

Committee service:

- Morgan Johnson, "Evidence-Based Guidelines Development for the Successful Transition of Young Adult Childhood Cancer Survivors to Adult Care Providers" (Thesis committee member, May 2018 – May 2019)
- Julia Trunfio, "Role of Promotoras de Salud in Mexican American Healthcare" (Thesis Committee member, February 2018 – December 2019)
- Crysta Coomer, "The Role of Nurses in Voluntary Medical Male Circumcision for HIV Prevention" (Thesis Committee member, February 2017 May 2018)
- Kenzi Dannelly, "Survivors' Perspectives of Successful Transition to Adult Care" (Thesis Committee member, February 2017 – May 2018)
- Lauren Jupina, project focused on the transition of young adult childhood cancer survivors (YACCS) to adult care (Thesis Committee member, February 2016 – May 2017)
- Katie Lewis, "Relevance of Spirituality in the Lives of Homeless Females in Fort Worth" (Thesis Committee Member, August 2013 – May 2014)
- Amberle Durano, "The Use of Community Health Workers in Increasing Antiretroviral Adherence in the Developing World: A Systematic Review" (Thesis Committee Member, May 2012 – December 2013)
- d. Graduate theses (recitals) and dissertations directed, or committee service

Chair:

- DNP student team, Rachael Taber and Julie Kennedy, "Translating the Evidence for Campus RxPLORE" (DNP Project co-Chair, May 2021 May 2022)
- MSN student, Nick Sherrod, "The Decline of Pediatric Vaccination Rates and the Role of Parental Refusal" (Thesis Chair, August 2014 May 2015)

Committee service:

- DNP student Michele Hickman, "Evidence-Based Guidelines for Establishing a Medical Home for Foster Children by Implementing an Integrated Model of Care" (DNP Project Committee Member, May 2018 – May 2019)
- DNP student Linda Edgerton, "Evidence-Based Sleep Friendly Bundle to Decrease Delirium in the Pediatric Intensive Care Unit" (DNP Project Committee Member, May 2018 – May 2019)
- DNP student Christi Thornhill, "Guidelines for Implementing a Health Navigation Program for Vulnerable Children" (DNP Project Committee Member, July 2017 – August 2018)

- DNP student Dolly Sanares-Carreon, "Development of a Structure and Process for Evidence-Based Patient Engagement" (DNP Project Committee Member, August 2015 – May 2016)
- DNP student Anne Marie Williamson, "Developing a Policy for Animal Assisted Intervention" (DNP Project Committee Member, August 2014 – May 2015)
- DNP student Luan Tran, "The Leap Frog's Tai Chi (LFTC) Fall Prevention Program" (DNP Project Committee Member, August 2011 – May 2012)
- e. External support received or pending for academic work (i.e., pedagogical grants, curriculum or program development. Include source and amount requested and/or received)
- f. Internal support for academic work received (e.g., Instructional Development)
- Alexander, C. & **Alexander, G.** (2018-2019). *Outdoor education*. Instructional Development Grant, in the amount of \$3145.
- Alexander, G., Bashore, L., & Jackson, L. (2015-2016). An interprofessional initiative between nursing and social work to improve school-based health promotion. HCNHS Faculty Development Program for Interprofessional Projects, in the amount of \$5000. (Primary Investigator on a multiple PI project)
- g. Academic Advising (list here or under Service, but list only once)

See Service section

- 5. Research and Creative Activity
  - a. Refereed publications (Data-based scholarship marked with \*)
  - Jones, K.L., Edwards, L.A., & **Alexander, G.K.** (2022). Shoring up the frontline of prevention: Strengthening curriculum with community/public health nursing. *American Journal of Public Health*, *112*(S3), S237–S240. <u>https://doi.org/10.2105/AJPH.2022.306739</u>
    - I provided critical review with reorganization and revisions to clarify purpose and logical flow, and incorporated additional literature review and analysis.
  - \*Alexander, G.K., Bashore, L., & Brooks, V. (2022). Improving food literacy and access among young adult cancer survivors. *Cancer Nursing*, 45(2), 161-166. doi: 10.1097/NCC.00000000000992
    - I took the lead in writing this manuscript, which describes findings from a study conducted in partnership with Cook Children's Medical Center Life After Cancer program.
  - **Alexander, G. K.,** & Brooks, V. (2022). Nature-based therapeutics: A collaborative research agenda promoting equitable access and environmental stewardship. *Collegian (Royal College of Nursing, Australia)*, *29*(1), 119–124.

https://doi.org/10.1016/j.colegn.2021.03.001

- I co-authored this sentinel conceptual manuscript describing the translational and exploratory research agenda of RxPLORE<sup>™</sup>: Prescribing Life Outdoors and Real Exploration, a PhD-DNP collaborative program of research and practice initiative.
- Alexander, G.K. & Grannum, D.R. (2021). School garden benefits: Health promotion and environmental conservation. *NASN School Nurse*, *37*(2), 79-82. https://doi.org/10.1177/1942602X211058783
  - I took the lead in writing this manuscript, which describes a range of benefits from school gardening and a case study documented in collaboration with a school nurse colleague from Maryland.
- \*Martin, S., Alexander, G.K., Fisher, K., Jevas, S., & Jenschke, M. (2021). Evaluation of mental health effects of a mindfulness workshop with health professions students. *Journal of Allied Health, 50*(3), e87-e90. https://www.proquest.com/scholarly-journals/evaluation-mental-health-effectsmindfulness/docview/2599947636/se-2
  - I contributed to the design and implementation of this study, which took place on the TCU campus. I contributed to the conceptual foundation, writing, and critical review/editing of the manuscript.
- \*Bashore, L., **Alexander, G.K.**, & Park, E. (2021). Engagement in physical activity among young adult childhood and adolescent cancer survivors: Integration of nature-technology. *Journal of Adolescent and Young Adult Oncology, 10*(6), 740-744. https://doi.org/10.1089/jayao.2020.0193
  - I contributed to the design and implementation of this study, which was conducted in partnership with Cook Children's Medical Center Life After Cancer program. I contributed to the conceptual foundation and critical review/editing of the manuscript.
- \*Alexander, G.K. (2020). Supporting food literacy among children and adolescents: Undergraduate students apply public health nursing principles in clinical practice. *Journal of Professional Nursing, 36*(6), 616-624. https://doi.org/10.1016/j.profnurs.2020.08.018
  - I authored this manuscript, which describes the processes and lessons learned through service-learning to promote food literacy and public health nursing principles in the school setting.
- \*Willis, J. L., Howe, C.J., & **Alexander, G.K.** (2019). Assessing MyPlate familiarity and typical meal composition using food models in children aged 7- 13. *International Journal of Child Health and Nutrition, 8*(4), 128-135. https://doi.org/10.6000/1929-4247.2019.08.04.3

- I contributed to the design and implementation of this study, which took place at the Fort Worth Museum of Science and History (in partnership with the FMSH Research and Learning Center). I contributed to the conceptual foundation and critical, substantive editing of the manuscript.
- \*Howe, C. J., Van Scoyoc, C., Alexander, G. K., & Stevenson, J. L. (2018). Poor performance of children age 7 to 13 years on the Newest Vital Sign. *HLRP: Health Literacy Research and Practice*, 2(4), e175-e179. doi: 10.3928/24748307-20180830-01
  - I contributed to the design and implementation of this study, which took place at the Fort Worth Museum of Science and History (in partnership with the FMSH Research and Learning Center). I contributed to the conceptual foundation and critical, substantive editing of the manuscript.
- \*Alexander, G.K., Bashore, L., & Jackson, D.L. (2017). "Adaptable to unexpected situations": Nursing and social work students reflect on interprofessional communication and teamwork. *Health and Interprofessional Practice, 3*(2), eP1134. doi: http://doi.org/10.7710/2159-1253.1134
  - I took the lead in writing this manuscript, which describes findings from an interprofessional (social work and nursing) Photovoice project at Riverside Middle School.
- \*Howe, C. J., **Alexander, G.,** & Stevenson, J. (2017). Parents' underestimation of child weight: Implications for obesity prevention. *Journal of Pediatric Nursing, 3*7, 57-61. doi: 10.1016/j.pedn.2017.06.005
  - I contributed to the design and implementation of this study, which took place at the Fort Worth Museum of Science and History (in partnership with the FMSH Research and Learning Center). I contributed to the conceptual foundation and critical, substantive editing of the manuscript.
- \*Bashore, L., Alexander, G.K., Jackson, D.L., & Mauch, P. (2017). Improving health in at-risk youth through Photovoice. *Journal of Child Health Care, 21*(4), 463-475. doi: 10.1177/1367493517734391.
  - I was a co-investigator of this Photovoice study, an interprofessional project (social work and nursing) partnering with Riverside Middle School (Fort Worth Independent School District). I oversaw the implementation and data collection, and I contributed to the data analysis and writing of the manuscript.
- \*Alexander, G.K., Canclini, S.B., Fripp, J., & Fripp, W. (2017). Waterborne disease case investigation: Public health nursing simulation. *Journal of Nursing Education*, *56*(1), 39-42. doi: 10.3928/01484834-20161219-08.
  - I took the lead in writing this manuscript, which describes findings from an interprofessional (civil engineering and nursing), low-fidelity simulation in an undergraduate public health nursing course.

\*Alexander, G.K., Rollins, K., Walker, D., Wong, L., & Pennings, J. (2015). Yoga for

self-care and burnout prevention among nurses. *Workplace Health & Safety,63*(10), 462-470. doi: 10.1177/2165079915596102.

- I took the lead in writing this manuscript, which describes findings from a yoga-based research project for staff nurses employed by a large urban health network.
- Alexander, G. K., Canclini, S. B., & Krauser, D. L. (2014). Academic-practice collaboration in nursing education: Service-learning for injury prevention. *Nurse Educator*, *39*(4), 175-178. doi: 10.1097/NNE.00000000000044.
  - I took the lead in writing this manuscript, which describes the processes and lessons learned through service-learning to promote the designation of Fort Worth as a *Safe Community* by the National Security Council in affiliation with the World Health Organization.
- Alexander, G.K. & Lockwood, S. (2014). Effect of yoga on sleep quality among adult cancer patients: A systematic review. *JBI Database of Systematic Reviews & Implementation Reports*, *12*(6), 382-419. doi:10.11124/jbisrir-2014-1654
  - I was the primary reviewer for this systematic review, working closely with secondary reviewer, S. Lockwood.
- Alexander, G. (2013). Self-care and yoga: Academic-practice collaboration for occupational health. Workplace Health & Safety, 61(12), 510-513. doi: 10.1177/216507991306101202.
  - I was the sole author of this manuscript, which describes the collaborative process involved in developing a yoga-based research project for staff nurses employed by a large urban health network.
- Alexander, G.K. & Lockwood, S. (2013). Effect of yoga on sleep quality among adult cancer patients: A systematic review protocol. *JBI Database of Systematic Reviews & Implementation Reports*, 11(1), 260 269.
  - I am the primary reviewer for this systematic review, working closely with secondary reviewer, S. Lockwood.
- \*Alexander, G.K., Innes, K.E., Selfe, T.K., & Brown, C.J. (2013). "More than I expected": Perceived benefits of yoga practice among older adults at risk for cardiovascular disease. *Complementary Therapies in Medicine, 21*(1), 14-28. doi: 10.1016/j.ctim.2012.11.001
  - I took the lead in writing this manuscript. In addition, I contributed to the data collection and led the qualitative data analysis for the manuscript.
- \*Alexander, G.K., Innes, K.E., Bourguignon, C., Bovbjerg, V.E., Kulbok, P., & Taylor, A.G. (2012). Patterns of yoga practice and physical activity following a yoga intervention for adults with or at risk for type 2 diabetes. *Journal of Physical Activity and Health, 9*(1), 53-61.

- I took the lead in writing this manuscript. In addition, I led the data collection and contributed to the data analysis for the manuscript.
- \*Innes, K.E., Selfe, T.K., **Alexander, G.K.,** & Taylor, A.G. (2011). A new educational film control for use in studies of active mind-body therapies: Acceptability and feasibility. *Journal of Alternative and Complementary Medicine, 17*(5), 453-458. doi: 10.1089/acm.2010.0401
  - I contributed to the design and implementation of the educational film control, as well as the conceptual foundation and review of the manuscript.
- Williams, I.C., Utz, S., Jones, R., Hinton, I., Steeves, R., & Alexander, G. (2011). Recruitment of rural African Americans for research projects: Lessons learned. Southern Online Journal of Nursing Research, 11(1), 1-17.
  - I contributed to recruitment efforts, conceptual basis, and review of manuscript.
- \*Alexander G.K., Innes, K.E., Brown, C.J., Kulbok, P., Bourguignon, C., Bovbjerg, V.E., & Taylor, A.G. (2010). "I could move mountains": Adults with or at risk for type 2 diabetes reflect on their experiences with yoga practice. *The Diabetes Educator, 36*(6), 965-975. doi: 10.1177/0145721710381802
  - I took the lead in writing this manuscript. In addition, I led the data collection and the qualitative data analysis for the manuscript.
- Alexander, G. K., Utz, S. W., Hinton, I., Williams, I., & Jones, R. (2008). Culture brokerage strategies in diabetes education. *Public Health Nursing, 25*(5), 461-470. doi: 10.1111/j.1525-1446.2008.00730.x
  - I took the lead in writing this manuscript and developed the conceptual foundation for the manuscript.
- Alexander, G. K., Taylor, A. G., Innes, K. E., Kulbok, P., & Selfe, T. K. (2008). Contextualizing the effects of yoga therapy on diabetes management: A review of the social determinants of physical activity. *Family & Community Health, 31*(3), 228-239. doi: 10.1097/01.FCH.0000324480.40459.20
  - I took the lead in writing this manuscript, developed the conceptual foundation for the manuscript, and led the integrative review of the literature.
- \*Innes K., Selfe, T., Taylor, A. G., Cottingham, S., Hasan, S., & **Alexander, G**. (2008). Effects of a gentle lyengar yoga program on glucose tolerance and related indices of cardiovascular disease risk in adults with type 2 diabetes. *International Journal* of Yoga Therapy, 18, 34-35.
  - I contributed to the data collection and analysis, as well as the conceptual foundation and review of the manuscript.

\*Jones, R. A., Utz, S. W., Williams, I. C., Hinton, I., Alexander, G., Moore, C.,

Blankenship, J., Steeves, R., & Oliver, N. (2008). Family interactions among African Americans diagnosed with type 2 diabetes. *The Diabetes Educator, 34*(2), 318-326. https://doi.org/10.1177/0145721708314485

- I contributed to the data collection process, as well as the conceptual foundation and review of the manuscript.
- \*Utz, S. W., Williams, I. C., Jones, R., Hinton, I., **Alexander, G.**, Yan, G., Moore, C., Blankenship, J., Steeves, R., & Oliver, M. N. (2008). Culturally tailored intervention for rural African Americans with type 2 diabetes. *The Diabetes Educator, 34*(5), 854-865. https://doi.org/10.1177/0145721708323642
  - I contributed to the data collection and analysis, as well as the conceptual foundation and review of the manuscript.
- b. Non-refereed Publications (include publications arising from presentations, i.e., proceedings), exhibits, performances, textbooks
- Johnson, R., Edwards, L., Jones, K., Hoffman, J.E., Harrington, S., Stalter, A.M., Weierbach, F., **Alexander, G.K.**, & Levin, P. (2021). Association of Community Health Nursing Educators (ACHNE) response to the American Association of Colleges of Nursing (AACN) draft Essentials document. https://www.achne.org/aws/ACHNE/asset\_manager/get\_file/559504?ver=0
- Alexander, G.K., Howe, C., Canclini, S., Davis, J., & Whittenburg, C., with contributions by Frable, P., & Walker, D. (2021, March 6). Gov. Abbott: Where's the evidence that it's safe to end Texas' mask mandate? [op ed]. *Fort Worth Star-Telegram*. <u>https://www.star-telegram.com/opinion/opn-columns-blogs/other-</u> voices/article249726573.html
- Alexander, G.K., Canclini, S.B., & Frable, P.J. (2021, Jan 20). Want to speed COVID-19 vaccinations? Nurses are trained and ready to help [op ed]. *Fort Worth Star-Telegram*. <u>https://www.star-telegram.com/opinion/opn-columns-blogs/other-voices/article248613335.html</u>
- Campbell, L., Harris, Z., Kneipp, S., Evans-Agnew, R., Edwards, L., Mitchell, E.M., Cooper, J., Huffling, K., **Alexander, G.K.**, & Dulemba, L. (2020, Jun 24). Open letter to the authors of the *Future of Nursing: Campaign for Action's Building Coalitions to Promote Health Equity: A Toolkit for Action.* <u>https://www.cphno.org/wp-content/uploads/2020/08/6-24-2020-Open-Letter-to-FON-responding-to-the-Toolkit-for-Action-from-The-CPHNO-Formerly-Quad-Council-1.pdf</u>
- Panzone, L., Stevenson, J., Howe, C., & Alexander, G. (2017, Oct 6). MyPlate -Children's awareness and ability to build a plate that meets MyPlate standards. Presentation to the Northeast district of the American Association of Family and Consumer Sciences, Fort Worth, TX. <u>Presenter: L. Panzone</u>
- Jevas-Roegels, S., **Alexander, G.K.**, Dart, L., Jenkins, D., Jenschke, M., & Watson, J. (2016, May 6). *Enhancing student interprofessional competencies through TeamSTEPPS training*. Poster presentation, Interprofessional Education

Collaborative Institute, Herndon, VA. Presenter: S. Jevas-Roegels

- c. Materials or Activities Accepted or Scheduled **b**ut Not Yet Printed, Released, or Presented
- **Alexander, G.K.**, Canclini, S.B., & Walker, D. (In press). Measuring public health nursing education impact: Vaccination and public health advocacy. *Texas Nursing Magazine*.
  - I took the lead in writing this manuscript with, which describes experiences of mass COVID-19 vaccination and public health advocacy in spring 2021, documented in collaboration with fellow public health nursing faculty colleagues.
- d. Papers Presented, Participation on Panels, etc., at Scholarly Meetings (include date, place, and sponsor of meeting)
- Alexander, G.K., Brooks, V., & Williams, T. (2022, Jun 10). Co-creating strategies for equitable access to nature and green space. Podium presentation, 44<sup>th</sup> ACHNE Annual Institute [Practice & Policy track], Alexandria, VA.
- Swider, S. & ACHNE Education Committee presenters Johnson, R.H., Hoffman, J., Marsala-Cervasio, K., Alexander, G. K., & Spiess, J. (2022, Jun 10). Measuring public/population health competencies in nursing education. Plenary session, 44<sup>th</sup> ACHNE Annual Institute [Practice & Policy track], Alexandria, VA.
- Alexander, G.K., Campbell, L., Fleming, L., Huffling, K., Little, S., McMillan, K., Orr, S., & Snyder, A. (2021, Aug 6). *Council of Public Health Nursing Organizations panel*. International Rural Nursing Conference [invited panel presentation in virtual, synchronous format,].
- Alexander, G.K., & Brooks, V. (2021, June). Advocacy for equitable access to nature and outdoor recreation. Podium presentation, 43<sup>rd</sup> ACHNE Annual Institute [virtual, pre-recorded format].
- Johnson, R.H., Peltzer, J., Wilhoite, D., Potts, M., Chen, Y., **Alexander, G. K.**, & Stalter, A. M. (2021, June). *Advocating for public health: An exploratory descriptive study of school nurses' roles, responsibilities, and preparedness to lead crisis and risk communication during public health emergencies*. Podium presentation, 43<sup>rd</sup> ACHNE Annual Institute [virtual, pre-recorded format].
- Weierbach, F., Edwards, L., Guthman, P., & **Alexander, G.** (2021, June). *Storytelling as advocacy.* Symposium, plenary session, 43<sup>rd</sup> ACHNE Annual Institute [virtual, synchronous format].
- Wilhoite, D., Johnson, RH., Chen, Y., Potts, M., Alexander, G., Stalter, AM., & Peltzer, JN. (2020, October). School nurses' roles in public health risk communication. American Academy of Nursing 2020 Transforming Health Driving Policy Virtual Conference. Abstract ID#: 915336.

- Brooks, V., & **Alexander, G.K.** (2020, September). *RxPLORE<sup>™</sup>: Getting back to nature*. Texas Nurse Practitioners' 32<sup>nd</sup> Annual Conference, Dallas, Texas.
- Brooks, V., & **Alexander, G.K.** (2020, July). *RxPLORE<sup>™</sup>: Prescribing Life Outdoors and Real Exploration.* Accepted for poster presentation, 31<sup>st</sup> International Nursing Research Congress, Sigma Theta Tau International Honor Society of Nursing, Abu Dhabi, United Arab Emirates [declined prior to announcement of virtual format].
- **Alexander, G.K.**, & Brooks, V. (2020, June). *RxPLORE<sup>™</sup>: Nature-based health promotion*. Podium presentation, Association of Community Health Nursing Educators Annual Institute [virtual, pre-recorded format].
- Martin, S. D., Alexander, G. K., Fisher, K. P., Jenschke, M. L., & Jevas, S. A. (2020, May). *Mindfulness meditation workshop improves self-compassion and perceived stress scores in helping professions students*. Poster presentation, American College Health Association's 100<sup>th</sup> Annual Meeting [virtual format].
- Alexander, G.K., Wells, J.N., Flanders, S., Bond, M.L., & Trunfio, J. (2019, September). *Highlights from Sigma's 30th International Nursing Research Congress in Calgary*. Podium presentation, Sigma Theta Tau International Honor Society of Nursing, Beta Alpha chapter meeting. Fort Worth, Texas.
- **Alexander, G.K.** (2019, September). *Overview of mind-body research: Exploring the efficacy of yoga to promote health and wellness*. Podium presentation, 2<sup>nd</sup> International and 4th National Conference & Exhibition on Complementary Therapies and Supportive Care Practices. İzmir, Turkey [invited, remote].
- Alexander, G.K. (2019, July 25). Interprofessional collaboration to support food literacy and mental health resilience in adolescents. Podium presentation, 30<sup>th</sup> International Nursing Research Congress, Sigma Theta Tau International Honor Society of Nursing, Calgary, Alberta, Canada.
- Alexander, G.K., Howe, C.J., Willis, J.L., & Cockerham, D. (2019, June). *Museumbased academic partnerships: Feasibility for food literacy and health-related research.* Poster presentation, Fort Worth Museum of Science and History Research and Learning Center Poster Forum. Fort Worth, Texas.
- Alexander, R.C., & **Alexander, G.K.** (2019, June). *Designing experiences with nature for children and families*. Poster presentation, Fort Worth Museum of Science and History 2019 Research and Learning Center Poster Forum. Fort Worth, Texas.
- Alexander, G.K. and Angel, J. (2018, Jun 8). *Collaborative partnerships to improve food literacy among youth.* Podium presentation, 40<sup>th</sup> Anniversary of the Association of Community Health Nursing Educators Annual Institute, New Orleans, LA.
- Frable, P. J., Canclini, S. B., Walker, D. K., Alexander, G. K., & Howe, C. J. (2018, June). Evolution of two decades of service learning partnerships and public health nursing clinical education. Podium presentation, 40<sup>th</sup> Anniversary of the Association of Community Health Nursing Educators Annual Institute, New Orleans, LA. <u>Presenter: P. Frable</u>

- Stevenson, J., Howe, C., & Alexander, G. (2018, April). A cross-sectional study on MyPlate awareness in children 7-13 years of age. *Journal of the Academy of Nutrition and Dietetics*, 118(9), A93. <u>Presenter: J. Stevenson</u>
- Howe, C.J, **Alexander, G.K,** and Stevenson, J.L. (2018, Mar). *Parent awareness and knowledge of child overweight and obese status and health related consequences.* Poster presentation, Southern Nursing Research Society Conference, Atlanta, GA. <u>Presenter: C. Howe</u>
- Howe, C.J., Alexander, G.K, and Stevenson, J.L. (2018, Feb). Parent & child factors related to obesity knowledge & attitudes: An interprofessional research collaboration in a museum setting. Podium presentation, Faculty Research Symposium, Fort Worth, TX, TCU. <u>Presenter: C. Howe</u>
- Bashore, L., Alexander, G., Jackson, L., & Mauch, P. (2017, Nov 7). Through the lens of youth: Photovoice to capture vulnerable youth perceptions of their environment. Podium presentation, 145<sup>th</sup> Annual Meeting and Exposition of the American Public Health Association, Atlanta, GA. <u>Presenter: L. Bashore</u>
- Jackson, D.L. (2017, Nov). Interprofessional work focused on healthy development of middle-school youth. Podium presentation, Annual Meeting of the Council on Social Work Education, Dallas, TX. (result of our collaborative work, but only one author able to be listed) <u>Presenter: L. Jackson</u>
- Howe, C., Stevenson, J., & Alexander, G. (2017, Oct). Assessing health literacy in children with the Newest Vital Sign. Podium presentation, International Conference on Communication in Healthcare/Health Literacy Annual Research Conference, Baltimore, MD. <u>Presenter: C. Howe</u>
- Howe, C., Stevenson, J., & Alexander, G. (2017, Jun). Parental underestimation of children's weight. Podium presentation, US-Sino Nursing Conference, Pittsburgh, PA. (invited) <u>Presenter: C. Howe</u>
- Alexander, G.K., Bashore, L., Howe, C., Stevenson, J., & Jackson, L. (2017, Jun 5). *Preparing upstream leaders for public health nursing practice and research.* Podium presentation, Association of Community Health Nursing Educators Annual Institute, Baltimore, MD.
- Dohnalek, S., & **Alexander, G.K.** (2017, Jun 5). *"Mindful and prepared": Exploring environmental health literacy.* Poster presentation, annual institute of the Association of Community Health Nursing Educators, Baltimore, MD. <u>Presenter: S. Dohnalek</u>
- Walker, D. K., Howington, L. L., Dodd, C. K., Humphries, L. A., & Alexander, G. K. (2017, May). Using appreciative inquiry for a QSEN integration project in a private urban BSN program. Quality and Safety Education for Nursing National Forum. Chicago, IL. <u>Presenter: D. Walker</u>
- Alexander, G. K., Bashore, L., & Paxton, R. J. (2017, Feb 24). Health promotion priorities among young adult childhood cancer survivors: Nutrition and food

*literacy.* Podium presentation, 31<sup>st</sup> Annual Conference of the Southern Nursing Research Society, Dallas, TX.

- Borra, S., Bashore, L., Paxton, R., & Alexander, G.K. (2016, Sep 30). Select health practices in young adult childhood cancer survivors. Poster presentation, 40<sup>th</sup> Annual Association of Pediatric Hematology/Oncology Nurses (APHON) Conference & Exhibit, Indianapolis, IN. <u>Presenter: L. Bashore</u>
- Borra, S., Bashore, L., Paxton, R., & Alexander, G.K. (2016, Mar 4-5). Physical activity in young adult childhood cancer survivors. Poster presentation, 6<sup>th</sup> Annual Cowtown Oncology Nursing Symposium, Texas Christian University, Fort Worth, TX. <u>Presenter: L. Bashore</u>
- **Alexander, G.K.**, Jackson, L., & Bashore, L. (2016, Feb 26). *Feasibility and sustainability of Photovoice in an at-risk middle school population*. Poster presentation, 30<sup>th</sup> Annual Conference of the Southern Nursing Research Society, Williamsburg, VA.
- Watson, J., Alexander, G.K., Dart, L., Jenkins, D., Jenschke, M., & Jevas-Roegels, S. (2015, Nov 12). Enhancing student interprofessional competencies through TeamSTEPPS training. Poster presentation, American Speech-Language-Hearing Conference, Denver, CO. Presenter: J. Watson
- Alexander, G.K., Canclini, S., Fripp, W., Brooks, R., & Fripp, J. (2015, Nov 1). Public health simulation: Collaborative water quality assessment. Poster presentation, 143<sup>rd</sup> Annual Meeting and Exposition of the American Public Health Association, Chicago, IL.
- \*Alexander, G.K., Rollins, K., Walker, D., Wong, L., & Pennings, J. (2015, Feb 26). *Efficacy of yoga to improve self-care and reduce burnout among nurses.* Podium presentation, 29<sup>th</sup> Annual Conference of the Southern Nursing Research Society, Tampa, FL.
- Watson, J. B., Alexander, G. K., Hawley, D. A., Jenkins, D., Jenschke, M., & Jevas, S.
   A. (2014, October). *TeamSTEPPS: Stepping up our teamwork*. TCU Harris
   College of Nursing and Health Sciences. Fort Worth, TX. <u>Presenter: J. Watson</u>
- **Alexander, G. K.**, Disnard, G.M., Morrissette, J.G., & Widmann, C. (2014, June 6). *Interprofessional collaboration: Service-learning in a local homeless population*. Podium presentation, Association of Community Health Nursing Educators Annual Institute, San Antonio, TX.
- Alexander, G.K. & Lockwood, S. (2014, February 14). *Effect of yoga on sleep quality among adult cancer patients: A systematic review.* Poster presentation, 28<sup>th</sup> Annual Conference of the Southern Nursing Research Society, San Antonio, TX.
- Alexander, G.K., Canclini, S.B., & Krauser, D.L. (2013, June 7). Academic-practice collaboration for evidence-based injury prevention. Podium presentation, Association of Community Health Nursing Educators Annual Institute, Raleigh, NC. <u>Presenter: P. Frable</u>

- Alexander, G.K. (2013, March 26). Yoga for self-care and health promotion: Explorations of efficacy among diverse populations. Sigma Theta Tau Beta Alpha chapter meeting.
- \*Alexander, G.K., Innes, K.E., Selfe, T.K., & Brown, C.J. (2013, March 2). "So much more aware": Perceived benefits of yoga practice. Podium presentation, 27<sup>th</sup> Annual Conference of SNRS (Southern Nursing Research Society), Little Rock, AR.
- Alexander, G. (2012, February 24). *Mind-body intervention for health promotion: Exploring efficacy among individuals, families, and healthcare professionals.* Harris College of Nursing and Health Sciences Faculty Research Symposium, Fort Worth, TX.
- Alexander, G. (2012, February 16). *Exploring complementary interventions during labor: Focus on mind-body therapies.* Podium presentation, Association of Women's Health, Obstetric and Neonatal Nurses, Cowtown Chapter meeting, Fort Worth, TX.
- Alexander, G. (2011, November 1). *Health promotion in diabetes care: Exploring social environmental factors.* Podium presentation, 41<sup>st</sup> Biennial Convention of the Sigma Theta Tau International Honor Society of Nursing, Grapevine, TX.
- Canclini, S. B. & **Alexander, G.** (2011, June). *Integration of disaster preparedness and influenza vaccination: Service-learning through a mass immunization and education program.* Podium presentation, Association of Community Health Nursing Educators Annual Institute, Chicago, IL. <u>Presenter: S.B. Canclini.</u>
- Frable, P.J., Canclini, S., Walker, D., Lockwood, P. & Alexander, G. (2011, June). BaFá BaFá: A simulation strategy for exploring culture with public health nursing students. Podium presentation, Association of Community Health Nursing Educators Annual Institute, Chicago, IL. <u>Presenter: P.J. Frable.</u>
- Alexander, G. (2011). Rolling with the flow: Complementary therapies—feasibility and efficacy of mind-body interventions. Podium presentation, inaugural Cowtown Oncology Symposium, TCU Harris College of Nursing & Health Sciences Center for Oncology Education & Research and Texas Oncology, Fort Worth, TX.
- Selfe, T. K., Innes, K. E., Alexander, G. K., Taylor, A. G. (2009). Use of an educational film class as an attention control in a mind-body randomized, controlled trial. Poster presentation, Society of Clinical Research Associates Conference, Nashville, TN. <u>Presenter: T.K. Selfe.</u>
- Innes, K., Selfe, T., Alexander, G., & Taylor, A. G. (2009). A new educational film control for use in studies of active mind-body therapies: Acceptability and feasibility. Podium presentation, North American Research Conference on Complementary & Integrative Medicine, Minneapolis, MN. <u>Presenter: K.E. Innes.</u>
- Alexander, G. K. (2007). Cross-cultural experiences: Field nursing among the "Five Civilized Tribes," 1917 to 1943. Abstract for podium presentation, Southern Association for the History of Medicine and Science, Charlottesville, VA.

- Alexander, G. K., Utz, S., Payne, C., Holmes, V., Hinton, I., Williams, I., & Blankenship, J. (2007). Metaphors of sugar: Culturally-tailored nutrition education for diabetes self-management among rural African Americans. Poster presentation, Southern Nursing Research Society, Galveston, TX.
- Johnson (Alexander), G. K., Carrillo, C., Osterberg, L., Steibelt, E., Streng, M. (2002). Action-oriented community diagnosis of the Latino community of Fuquay-Varina, North Carolina. Abstract for poster presentation, American Public Health Association, Philadelphia, PA.
- e. Editorships, Consulting, Adjudications
- f. External Support received or pending

#### Received, pending

Alexander, G.K., Hill, G., & Walker, K. (2022, Jun) Needs assessment: Implementation of the MOWI strategic plan. *Meals on Wheels of Tarrant County, Incorporated.* \$14,786.20 received, pending.

#### <u>Under Review</u>

#### Not Received

- Alexander, G.K., Brooks, V., & Williams, T. (2022, March). Nurse-driven community organizing to increase equitable access to nature and green space in southeast Fort Worth. Rita and Alex Hillman Foundation's *Hillman Emergent Innovation: Focus on Racism and Health*. This Letter of Intent resulted from the coalition between KEEN Group, TCU Nursing, and the City of Fort Worth Park & Recreation Department. \$50,000 requested.
- Kids Environmental Education Network (KEEN) Group, Alexander, G.K., Brooks, V., & Williams, T. (2021, Nov). Historic Southside park reclamation through policy advocacy: Bridging Southeast Fort Worth's gap in equity. *Robert Wood Johnson Foundation: People, Parks, and Power: A National Initiative for Green Space, Health Equity, and Racial Justice.* This Letter of intent resulted from the emergent coalition between KEEN Group, TCU Nursing, and the City of Fort Worth Park & Recreation Department. \$500,000 requested.
- **Alexander, G.K.**, Brooks, V., & Bashore, L. (2021, April). Promoting nutrition in young adult cancer survivors through food access and food literacy. Letter of inquiry to the *Moody Foundation*. \$33,975 requested.
- **Alexander, G.K.** & Brooks, V. (2021, April). Increasing equitable access to nature among diverse families. Letter of inquiry to the *Moody Foundation*. \$20,460 requested.

Alexander, G.K., Bashore, L., & Park, E. (2021, April). Nature-based therapeutics to

promote mental well-being and physical activity among young adult cancer survivors. Letter of inquiry to the *Moody Foundation*. \$30,108 requested.

- **Alexander, G.K.**, & Brooks, V. (2020, April). RxPLORE: Prescribing Life Outdoors and Real Exploration. *The Outdoor Fund, Bass Pro Shops – Cabela's*. \$12,810 requested.
- Brooks, V., & **Alexander, G.K.** (2020, March). RxPLORE: Prescribing Life Outdoors and Real Exploration. *American Association of Nurse Practitioners*. \$5000 requested.
- **Alexander, G.K.**, & Brooks, V. (2020, January). RxPLORE<sup>™</sup>: Prescriptions to Promote Life Outdoors and Real Exploration. *2020 American Nurses Association Innovation Award*. \$50,000 nurse-led team award requested.
- **Alexander, G.K.** (2019, October). Pragmatic trial of RxPLORE<sup>™</sup> among families with young children. *Texas Organization of Baccalaureate and Graduate Nursing Education Excellence in Research Grant*. \$2000.00 requested.
- Alexander, G.K., Bashore, L.M., Bugnariu, N., & Cancer Care Services team. (2019, November). Roadmap to Empowerment: Co-creating a patient-centered research agenda for cancer survivors and families. *Patient-Centered Outcomes Research Institute Eugene Washington Engagement Award: Community Convening.* \$100,000 requested.
- Alexander, G.K., Fulmer, L., Wagner, T., Howe, C., & Macias, W. (2019, June). The Superpowers of PSE: Evaluating healthy food access in Fort Worth. *Robert Wood Johnson Foundation Healthy Eating Research*. \$200,000 requested.
- Alexander, G.K., Frable, P.J., & Ernst, D. with Project Team (Howe, C., Hawley, D., Canclini, S., Walker, D., Daniels, G., Seale, A., Borchers, L., Dodd, C., Reed, B.). (2018). PRISM (PRImary care nursing Self-Management): Registered Nurses in primary care. Nurse Education, Practice, Quality and Retention (NEPQR) Registered Nurses in Primary Care (RNPC) Training Program of the U.S. Department of Health and Human Services Health Resources and Services Administration. Application No. 153669 in response to HRSA Program Announcement 18-012. \$2,735,556 requested (approved but not funded).
- Baker, K., Lockwood, S., Stallings, A., White, G., & Mack, F. and design team of Alexander, G., Frable, P., Walker, D. & Ernst, D. (2016). Community Internship Immersion Collaborative (CIvIC) Program. Nurse Education, Practice, Quality and Retention-Bachelors of Science in Nursing Practicums in Community Settings Program of the U.S. Department of Health and Human Services Health Resources and Services Administration. \$809,496 requested (ranked but not funded).
- DeBose, M., Bashore, L., & **Alexander, G.** (2014, December). Tobacco through the eyes of youth: Using Photovoice for cancer education. *Oncology Nursing Society Foundation Cancer Public Education Grant* in the amount of \$5000. (Primary Investigator on a multiple PI project)

- Alexander, G. K. (2013, September). weTHRIVE: Technology-Enhanced Survivorship Care Planning among Adolescent and Young Adult (AYA) Cancer Survivors. *Moncrief Cancer Institute, INitiative for Oncology Research, INFOR.* (Primary Investigator, with J. Kendall of UT Southwestern as collaborator)
- **Alexander, G. K.** (2013, February). weTHRIVE: Technology-Enhanced Survivorship Care Planning among Adolescent and Young Adult (AYA) Cancer Survivors. *Robert Wood Johnson Foundation, Nurse Faculty Scholars*. (Primary Investigator, with S. Lockwood as primary mentor, and P. Flynn as research mentor)
- Lockwood, S., Cagle, C., & Wells, J. (2012, February). iAdvocate! Increasing the Quality of Care in Underserved Populations with a Patient-Centered and Technology-Driven Approach. *National Science Foundation, Smart Health and Wellbeing (SHB) Solicitation (NSF 12-512).* (Senior Personnel/Faculty Associate)
- g. Internal grants received

Alexander, G.K., and Brooks, V. (2021). Building the RxPLORE infrastructure. *Lucile Houston Endowed Fund* in the amount of \$1,350. (Co-primary investigator).

- Bashore, L. & Alexander, G.K. (2015). Viewing the environment through the lens of youth: Using Photovoice for primary prevention. *TCU Center for Oncology Education and Research* in the amount of \$5000. (Primary Investigator on a multiple PI project)
- Alexander, G.K. (2012 2013). Mind-body therapies for self-care and health promotion: Providers as learners. *TCU Research and Creative Activities Fund*, in the amount of \$3700. (Primary Investigator)

Not Reviewed

- **Alexander, G.K.** & Brooks, V. (2020, April). Developing the RxPLORE<sup>™</sup> program to improve mental health. *TCU Invests in Scholarship*, in the amount of \$24,018.
- h. Other research or creative activities not included in any of above

#### **Trademark**

Alexander, G.K., & Brooks, V. (2021). *RxPLORE™: Prescribing Life Outdoors and Real Exploration*. <u>https://www.rxplore.org/</u>

#### Website and Blog Entries

Alexander, G.K. & Brooks, V. (2022). *RxPLORE™: Prescribing Life Outdoors and Real Exploration*. <u>https://www.rxplore.org/</u>

Edwards, L., Jones, K., & **Alexander, G.K.** (2020, Dec 22). *ACHNE: Looking Back on 2020, Looking Ahead to 2021* [blog]. Council of Public Health Nursing Organizations. <u>https://www.cphno.org/achne-looking-back-on-2020-looking-</u>

## ahead-to-2021/

#### Media Coverage

Harris College / TCU Nursing. (2022, May 20). TCU Nursing faculty promotes food, environmental health literacy. *Harris College of Nursing & Health Sciences News*. <u>https://harriscollege.tcu.edu/news/tcu-nursing-faculty-promotes-food-environmental-health-literacy/</u>

• The focus of this piece was on service-learning and the established relationship with Morningside Elementary, Blue Zones Fort Worth, and the Park and Recreation Department to advance nature-based health promotion in Southside Fort Worth.

Harris College / TCU Nursing. (2022, May 5). Harris tackles health of environment, not just people. *Harris College of Nursing & Health Sciences News*. <u>https://harriscollege.tcu.edu/news/harris-tackles-health-of-environment-not-just-people/</u>

• This piece covered the Nurses Climate Challenge, the Climate Health Organizing Fellowship, and the RxPLORE<sup>™</sup> initiative. The focus was on the integration of climate health content into the nursing curriculum and a description of nature-based solutions to climate change and the efforts we're doing in partnership with the Cross Timbers Master Naturalists, Kids Environmental Education Network (KEEN) Group.

TCU News. (2021, Dec 14). Horned Frogs in the News: A 2021 year in review. https://www.tcu.edu/news/2021/horned-frogs-in-the-news-a-2021-year-in-review.php

- This story reviewed the top TCU news stories for 2021. The <u>TCU Nursing faculty</u> present solution to vaccine challenge story was the featured highlight for January 2021 – collaborative op ed in the *Fort Worth Star-Telegram*, written by TCU Nursing faculty in collaboration with Council of Public Health Nursing Organizations colleagues.
- Harris College. (2021, Nov 16). Nursing students use doctoral project to get Horned Frogs outside. *Harris College of Nursing & Health Sciences News.* <u>https://harriscollege.tcu.edu/news/nursing-students-use-doctoral-project-to-get-horned-frogs-outdoors/</u>
- This story features the project of DNP students Rachael Taber and Julie Kennedythe campus-based arm of the RxPLORE<sup>™</sup> initiative.
- Harris College. (2021, June 24). Serving at community vaccine site "deeply personal" for Harris College students, faculty. *Harris College of Nursing & Health Sciences News*. <u>https://harriscollege.tcu.edu/news/serving-at-community-vaccine-site-</u> <u>deeply-personal-for-harris-college-students-faculty/</u>
- Experiences of students/faculty during the Spring 2021 mass vaccination campaign were highlighted, including quotes from me (as four faculty were instrumental in writing or approving this piece).

Harris College. (2021, March 26). Vaccinations: TCU Nursing reaches outside the

classroom for an exponential impact. *Harris College of Nursing & Health Sciences News*. <u>https://harriscollege.tcu.edu/news/vaccinations-tcu-nursing-reaches-outside-the-classroom-for-an-exponential-impact/</u>

- The multiple mass vaccination efforts of our students, under faculty supervision, are outlined in this report. I was quoted directly, as three faculty were instrumental in writing this piece.
- Advocacy efforts by the faculty are also highlighted, including reference to *Fort Worth Star-Telegram* op eds and development of online just-in-time training module for mass vaccination for national distribution: <u>https://www.cphno.org/covid-19-</u> <u>vaccination-training-module/</u>.
- This article is also linked to the American Association of Colleges of Nursing's Coronavirus Resources for Nurse Educators site: <u>https://www.aacnnursing.org/News-Information/COVID-19</u>

TCU News. TCU Nursing faculty present solution to vaccine challenge. (2021, Jan 29). Horned Frogs in the News. <u>https://www.tcu.edu/news/2021/hf-in-the-news-feature-op-ed-tcu-nursing.php</u>

• This story focused on a collaborative op ed in the *Fort Worth Star-Telegram*, written by TCU Nursing faculty in collaboration with Council of Public Health Nursing Organizations colleagues.

Collier,C. (2020, February). On the trail of disease. Nursing students learn the value of collaboration and critical thinking when facing public threats. *TCU Endeavors Magazine*. <u>https://endeavors.tcu.edu/on-the-trail-of-disease/</u>

• Collier interviewed me, along with colleague Sharon Canclini, focusing on our 2017 publication on waterborne disease case investigation through simulation, one strategy for didactic instruction. During this interview, we emphasized the values of collaboration and critical thinking to face public health crises.

RxPLORE: Harris College team develops prescription for exploration. (2020, February 14). *TCU This Week*. <u>https://thisweek.tcu.edu/rxplore-harris-college-team-develops-prescription-for-exploration/</u>

• A TCU reporter interviewed me, along with colleague Vicki Brooks, focusing on a new initiative that we started in the Fall of 2019, entitled RxPLORE: Prescribing Life Outdoors and Real Exploration.

Nurse anesthesia student leads COVID-19 response team. (2020, June 14). *TCU News*. <u>https://www.tcu.edu/news/2020/nurse-anesthesia-student-leads-covid-19-response-team.php</u>

• A former student (now a CRNA student who leads the COVID-19 response team at JPS Hospital) is featured during this story, in which he specifically attributed his awareness of macro-level, population-focused intervention to experiences while a student in my didactic and clinical courses in the fall of 2016. The work of his clinical team is described in my 2020 publication on food literacy in the school setting.

# Design/Delivery of Professional Development Workshops

Anderson, A., Alexander, G.K., Brooks, V., & Howe, C., with Posey, K. in absentia. (2021, Dec 1). Conversations in Policy: The Policy Process [1.0 contact hour of CNE].

- Virtual, synchronous Zoom presentation, recorded via livestream
- Disseminated across practice and education networks

Alexander, G.K. (2021, Nov 17). *Burnout prevention: Co-creating strategies for healing and wellness* [invited presentation, 1.5 contact hours of CNE].

- Virtual, synchronous Microsoft Teams presentation. Continuing Nursing Education Session Tarrant County Public Health Medical Staff Meeting.
- Approximately 50 attendees from the TCPH nursing staff

**Alexander, G.K.** and Brooks, V. (2021, Nov 15). *Nature through a public health and primary care lens: Promoting equitable access to nature and conservation education* [invited presentation, yielding 1.0 hours of advanced training].

- Hybrid presentation: in-person and virtual, synchronous
- Cross Timbers Master Naturalist chapter meeting.
- 60 attendees, who earned 1.0 hours of advanced training credit toward Texas Master Naturalist certification or re-certification.
- Kelly, P. & Public Health Nursing Editorial Board. (2021, Oct 20). *Writing Editorials You Can Do This! Part 2* [invited presentation]
  - This workshop was Part 2 of a two-part series hosted by Dr. Pat Kelly, Editor of the *Public Health Nursing* journal, and the Council of Public Health Nursing Organizations. The focus of this workshop was application of concepts presented in Part 1.
  - Members of the editorial board (including myself) were invited by Dr. Kelly to facilitate small group breakout discussions and large group discussion afterward.
  - Approximately 35 nursing faculty attended from across the nation and at least one international attendee.

Anderson, A., **Alexander, G.K.**, Brooks, V., & Howe, C., & Posey, K. (2021, Apr 20). *Conversations in Policy: Lift Your Voice for Nursing: The Journey to Health Policy* [1.0 contact hour of CNE]. <u>https://tcu.co1.qualtrics.com/jfe/form/SV\_24STjPV8PBL5uQe</u>

- Virtual, synchronous Zoom panel discussion, recorded via livestream
- Disseminated across practice and education networks

Alexander, G.K., Canclini, S.B., Schaer, J., & Gunn, S. (2021, Mar 25). *Just-in-Time COVID-19 Vaccination Training module* [2.0 contact hours of CNE]. <u>https://www.cphno.org/covid-19-vaccination-training-module/</u>

- Developed in partnership with Sharon Canclini of TCU Nursing, Janita Schaer of Lone Star College and Texas Tech Health Sciences Center, and Sharon Gunn of Baylor Scott & White Health
- Launched on March 25, 2021, active through December 31, 2021
- Disseminated across practice and education networks throughout the nation and hosted on the CPHNO website
- Record breaking CNE activity for TCU Nursing, with <u>1079</u> people completing the program through the evaluation and <u>1047</u> claiming a CE certificate.

TCU Nursing Students & **Alexander, G.K.** (2019, Mar 20). *Healthy Nurses, Healthy NFP: The Power of 9 and Self-Care* Workshop.

- TCPH Nurse-Family Partnership professional development
- Supervised professional development workshop (delivered by public health nursing clinical NURS 40882 student team)
- 10 attendees from the TCPH Nurse-Family Partnership staff

Alexander, G.K. (2018, May 15). Public Health Nursing in Our Community:

*Opportunities and Obstacles – TCPH Nursing Professional Development* [invited presentation, 1.0 CNE contact hour of CNE].

- Continuing Nursing Education Session (1 CNE contact hour for RNs), Tarrant County Public Health Medical Staff Meeting
- Approximately 50 attendees from the TCPH nursing staff

Alexander, G.K. (2015, Feb 6). Yoga for Health Promotion [invited presentation].

- In-service training for Fort Worth Independent School District employees
- Approximately 30 attendees, all high school health teachers

# Alexander, G.K. (2012, May 16). *Future of Public Health Nursing* invited presentation [invited presentation, 1.0 contact hour of CNE].

- Tarrant County Public Health Medical Staff Meeting
- Approximately 50 attendees from the TCPH staff
- 6. Service
  - a. Departmental service

| Role (Time Frame)  | Description  |
|--|--|
| Champion, Nurses Climate<br>Challenge<br>(December 2021 – present) | <ul> <li>Co-lead the the Nurses Climate Challenge via the institutional commitment from TCU Nursing.</li> <li>Outline current integration of climate health content in the public health nursing concepts course and future integration in the undergraduate and graduate curriculum.</li> </ul> |
| Co-Chair, Nursing Advisory<br>Committee<br>(August 2021 – present  | <ul> <li>Review individual portfolios of tenure track, tenured, and professional practice faculty seeking promotion</li> <li>Issue recommendations to Associate Dean</li> </ul>  |

| Coordinator for<br>Interprofessional Education,<br>Nursing*<br>(June 2021 – present)<br>*administrative role for<br>which I receive a stipend | <ul> <li>Coordinate IPE initiatives and represent Nursing in the<br/>Interprofessional Research, Education, and Practice<br/>Council</li> <li>Communicate with cross-institutional partners for joint<br/>IPE events that align with curriculum.</li> </ul>  |
|---|--|
| Co-Chair, Tenured Faculty,<br>Nursing<br>(June 2021 – present)  | <ul> <li>Attend and co-lead all tenured faculty meetings.</li> <li>Review tenure notebooks and participated in discussion.</li> <li>Develop initiatives to support research productivity and<br/>mentorship for junior faculty: promotion of formalized<br/>writing circles and think tank discussions</li> </ul>  |
| Co-course coordinator,<br>Public Health Nursing<br>clinical and concepts<br>courses<br>(August 2017 – December<br>2019; Fall 2021 - present)  | <ul> <li>Co-lead team meetings, prepare agendas, and follow up<br/>on planning needs.</li> <li>Co-coordinate Public Health Nursing Capstone<br/>presentations for stakeholders and TCU community</li> <li>Attend course coordinator meetings</li> </ul>  |
| Member, Health Policy and<br>Advocacy Initiative<br>(November 2020 – present)   | <ul> <li>Convened this ad hoc initiative for health policy and advocacy.</li> <li>Coordinate efforts for nursing students to attend the Texas Nurses Association's Virtual Nurse Day at the Capitol (first in February 2021)</li> <li>Provide professional development opportunities via a Conversations in Policy series.</li> </ul>  |
| Member, Graduate Faculty<br>Committee, Nursing<br>(2012 – present)  | <ul> <li>Attend scheduled meetings.</li> <li>Interview DNP candidates and serve on MSN, DNP, and<br/>PhD project committees.</li> </ul>  |
| Volunteer, Annual TB skin<br>testing for Nursing faculty<br>(August 2013 – present)   | <ul> <li>Provide annual PPD skin testing for Nursing faculty at<br/>the back-to-school workshop in August.</li> </ul>  |
| Evaluation of Peers'<br>Teaching Effectiveness<br>(course type/delivery mode<br>in parentheses)   | <ul> <li>Spring 2022: Ann Johnson (lab),<br/>Marie Stark (lab)</li> <li>Spring 2021: Eunduck Park (simulation)</li> <li>Fall 2019: Pam Frable (classroom)</li> <li>Spring 2019: Lisette Saleh (clinical)</li> <li>Fall 2018: Glenda Daniels (classroom), Shirley Martin (classroom)</li> <li>Spring 2018: Lisa Bashore (classroom), Carol Howe (clinical)</li> <li>Fall 2017: Ashley Franklin (simulation)</li> <li>Fall 2016: Andrea Erwin (clinical)</li> <li>Fall 2015: Sharon Canclini (clinical)</li> </ul> |

| Mentorship  | <ul> <li>Mentored former Nursing faculty Shirley<br/>Martin while she was on tenure track, 2017 – 2021</li> <li>Mentoring Nursing faculty Lori Borchers on scholarship<br/>and research interests and public health nursing clinical<br/>course/service-learning, Fall 2021 - present</li> </ul>   |
|---|--|
| Alumni Engagement   | <ul> <li>In-person meeting with Rachel Rudberg about graduate school (acute care advanced practice short-term and research doctorate long-term), Dec 3, 2021</li> <li>Communication with Doreen Nyambuka (Spring 2021 BSN graduate) about public health nursing positions and career planning, October 2021</li> <li>Communication with Lindsey Patton (TCU BSN graduate) about her DNP project and opportunities for collaboration with Nursing faculty Carol Howe</li> <li>In-person meeting with with Emily Cook (Fall 2018 BSN graduate) about community-based psych-mental health positions and public health nursing positions, Sept 11, 2019</li> </ul> |
| Guest speaking in Nursing<br>courses  | <ul> <li>Using Policy and Advocacy to Decrease Health<br/>Disparities         <ul> <li>NURS 20403: Health Disparities in African<br/>Americans course, April 14, 2022</li> </ul> </li> <li>Insights into Yoga Research         <ul> <li>Nursing Research and Theory, March 19, 2013</li> </ul> </li> <li>Complementary and Integrative Oncology: Mind-Body<br/>Focus         <ul> <li>Oncology Nursing elective,<br/>April 26, 2012</li> </ul> </li> <li>Health and Wellness: Conceptual Evolution and<br/>Current Trends         <ul> <li>Nursing Fundamentals,<br/>May 18, 2011</li> </ul> </li> </ul>   |
| Chair, Faculty Search<br>Committee, Nursing<br>(July 2016 – December<br>2019) | <ul> <li>Led meetings of the committee throughout the semester.</li> <li>Led the efforts to evaluate candidates for faculty positions.</li> <li>Provided oversight to the scheduling of phone and face-to-face interviews.</li> <li>Updated the hiring software system with comments, completed reference checks for top candidates, and made hiring recommendations to the Associate Dean.</li> <li>Developed new systems: teaching presentation by faculty candidates, video recordings of all presentations, updated candidate evaluation surveys by current faculty,</li> </ul>  |

|  | <ul> <li>and implemented student evaluation of candidate teaching presentation.</li> <li>Cumulative service as Chair resulted in a total of 22 faculty hires (see below)</li> <li>Fall 2019: 3 faculty hires</li> <li>AY 2018-2019: 5 faculty hires</li> <li>AY 2017-2018: 5 faculty hires</li> <li>AY 2016-2017: 7 faculty hires</li> <li>Summer 2016: 2 faculty hires</li> </ul>   |
|--|--|
| Member, QSEN Task<br>Force, Nursing<br>(April 2016 – May 2021)   | <ul> <li>Attended meetings to plan a strategy for integrating<br/>QSEN into the curriculum</li> <li>Assisted with initiatives to promote QSEN competencies<br/>among students and faculty in clinical</li> </ul>   |
| Leader, Commission on<br>Collegiate Nursing<br>Education (CCNE)<br>Accreditation Standard I<br>Working Group (Fall 2019) | <ul> <li>Convened the working group to draft Standard I of the CCNE self-study.</li> <li>Met with individual faculty assigned to Standard I key elements.</li> <li>Compiled a working draft of all key elements and supporting documentation.</li> </ul>   |
| Member, Strategic Plan<br>Initiative 1 Task Force,<br>Nursing<br>(February – December<br>2019)                           | <ul> <li>Attended meetings of the committee throughout the semester.</li> <li>Participated in drafting the leading recommendations and benchmarks for evaluation of Initiative 1 of TCU Nursing's strategic plan, in alignment with the TCU and HCNHS strategic plan.</li> </ul>   |
| Member, National League<br>for Nursing Center of<br>Excellence application<br>committee<br>(January – December 2019)     | <ul> <li>Attended meetings of the committee throughout the semester.</li> <li>Contributed to the initial brainstorming sessions and initial letter of application.</li> </ul>  |
| Preceptor, DNP student<br>Ramonda Busby in teaching<br>practicum (Spring 2017)   | <ul> <li>Collaborated with DNP student in the public health<br/>nursing concepts course, as she developed/presented<br/>content focused on moral distress among nursing<br/>students and nurses in practice.</li> </ul>  |
| Chair, Curriculum<br>Committee, Nursing<br>(2013 – 2015)   | <ul> <li>Assumed the Chair-Elect position in March 2013.</li> <li>Circulated meeting agendas, facilitated the work of the committee, and reported to the Nursing Faculty Assembly each month.</li> <li>Worked closely with Suzy Lockwood, Chair of the Curriculum Refreshment Task Force/Subcommittee for Fall 2013, and her successor, Lavonne Adams, Chair since Spring 2014.</li> <li>Served as Co-Chair of the committee 2014 – 2015 with Lavonne Adams</li> </ul> |

|  | <ul> <li>Co-led with Suzy Lockwood the Back-to-School workshop presentation on <i>Curriculum Refreshment</i>, August 13, 2013</li> <li>Co-led with Lavonne Adams the Back-to-School workshop presentation on initial DECS mapping to facilitate the curriculum refreshment, January 9, 2014</li> <li>Co-led with Lavonne Adams the Back-to-School workshop presentation on mapping of the new curriculum, August 19, 2014</li> <li>Co-led with Lavonne Adams the Back-to-School workshop presentation on mapping of the new curriculum, August 19, 2014</li> <li>Co-led with Lavonne Adams the Back-to-School workshop presentation on implementation plans for the new curriculum, January 9, 2015</li> </ul> |
|--|--|
| Member, Curriculum<br>Refreshment Task Force,<br>Nursing<br>(2011 – 2014)                  | <ul> <li>Regularly attended meetings and actively participated in this committee.</li> <li>Co-led the Back-to-School workshop presentation on Curriculum Revision with Dr. Charles Walker, August 14, 2012</li> <li>Played an active role in the Curriculum Revision work sessions in Spring 2013.</li> <li>Reviewed regional nursing schools' implementation of clinical immersion programs.</li> </ul>   |
| Member, Curriculum<br>Committee, Nursing<br>(2010 – Spring 2017)                           | <ul> <li>Regularly attended meetings and actively participated in<br/>this committee, recording minutes periodically.</li> <li>Assisted in the development of the curriculum<br/>monitoring plan.</li> </ul>   |
| Member, Program<br>Effectiveness Committee,<br>Nursing<br>(2013 – 2015)                    | • Regularly attended meetings and actively participated in this committee, representing the Curriculum Committee and relaying important information to members.  |
| Chair, Tenure Track Faculty<br>Group, Nursing<br>(2013 – 2014)                             | Circulated agendas for these meetings and advocated<br>for tenure track faculty interests/concerns.  |
| Facilitator, All Faculty<br>Discussion on Curriculum<br>Revision, Nursing<br>(2010 – 2011) | <ul> <li>Led these meetings and circulated the minutes afterward.</li> </ul>   |
| Trainer, Learning Outcomes<br>Management, Nursing<br>(2012 – 2014)                         | <ul> <li>Completed the Train-the-trainer program through the Koehler Center.</li> <li>Assisted in the implementation of the LOM training for the DNP program, May 30 and July 2, 2012, and in the LOM training for the undergraduate program, December 7, 2012.</li> </ul>   |

# b. College service

| Role (Time Frame)  | Description  |
|--|--|
| Judge, HCNHS Annual<br>Student Research<br>Symposium (2011 –<br>present)                       | <ul> <li>Reviewed undergraduate and graduate student research<br/>and EBP posters.</li> <li>Evaluated students' live presentation of the poster and Q<br/>&amp; A afterward</li> </ul>   |
| Volunteer, Harris College<br>Interprofessional Event:<br>Poverty Simulation<br>(November 2019) | <ul> <li>Played a community member role during the poverty simulation event.</li> </ul>  |
| Member, Kinesiology<br>Department Advisory<br>Committee<br>(August 2018 – May 2019)            | <ul> <li>Reviewed tenure materials for Kinesiology faculty annual review and final tenure review.</li> <li>Attended each meeting and helped to determine recommendations to Chair.</li> </ul>  |
| Coordinator, Pop-Up Early<br>Influenza Vaccination Clinic<br>(August 29, 2017)                 | <ul> <li>Supervised senior nursing students in the early<br/>administration of flu vaccine, in response to the campus-<br/>wide flu outbreak in mid-August.</li> <li>Administered flu vaccine to health professions students<br/>and faculty.</li> </ul> |
| Member, Harris College<br>Leadership Development<br>Committee<br>(October 2017 – May 2018)     | <ul> <li>Attended each meeting of this time-limited committee<br/>and discussed the overall purpose, plans, and potential<br/>for the future.</li> <li>Helped to write the formal recommendations to the<br/>Dean.</li> </ul>                            |
| Member, Harris<br>College Curriculum<br>Committee (2013 – 2015)                                | • Regularly attended meetings and actively participated in this committee, which met virtually via a SharePoint site each month.   |
| Trainer, Team STEPPS,<br>Harris College of Nursing &<br>Health Sciences                        | <ul> <li>Co-led student trainings on January 22, 2015 and on<br/>September 8 &amp; 10, 2015</li> <li>Co-led faculty trainings on October 31, 2014 &amp;<br/>December 11, 2014</li> </ul>   |

# c. University service

| Role (Time Frame)  | Description   |
|--|---|
| Charter Member, Innovative<br>Teachers Guild<br>(September 2021 – present) | <ul> <li>Participated in the inaugural Innovative Teacher<br/>Certificate Program, offered by the TCU Institute for<br/>Entrepreneurship and Innovation.</li> <li>The program involved several training sessions and<br/>mentorship.</li> </ul> |

| Member, Environmental<br>Health and Safety<br>Committee<br>(August 2018 – present)                                     | <ul> <li>Attend each meeting and help to determine recommendations to Chair.</li> </ul>   |
|--|---|
| Member, Interprofessional<br>Research, Education, and<br>Practice Council<br>(2013 – 2016; November<br>2018 – present) | <ul> <li>Regularly attend meetings and actively participate in this committee, which is comprised of HCNHS faculty and Nutrition faculty.</li> <li>Promote service-learning initiatives among the members.</li> <li>Co-planned the Rankin lecture in April 2015.</li> <li>Attended the Spring 2015 IPEC Institute on Population Health with TCU and UNTHSC partners.</li> <li>Presented with UNTHSC colleagues at a Lunch &amp; Learn session at UNTHSC on June 10, 2015.</li> <li>Facilitated an IPE event with nurse anesthesia students and UNTHSC Biomedical Sciences students on October 2, 2015.</li> <li>Co-led public health-focused IPE planning meetings during Fall 2015 and Spring 2016.</li> <li>Co-led public health-focused IPE planning meetings during Spring 2016.</li> <li>Facilitated two IPE case study small group discussions at UNTHSC on October 19, 2016, and on February 7, 2018.</li> </ul> |
| Member, TCU Nutritional<br>Sciences External Advisory<br>Board<br>(March 2019 – present)                               | <ul> <li>Attend the biannual meeting of this advisory board.</li> <li>Provide recommendations related to accreditation, increased visibility of TCU Nutritional Sciences in the community, and financial assistance for students in the respective programs offered by the department.</li> <li>Collaborate on interprofessional activities to support the program goals of the department.</li> </ul>  |
| Faculty Partner, Honors<br>College<br>(Spring 2012 – present)  | <ul> <li>Serve on Honors committees since 2012 and chaired several Honors committees since 2014.</li> <li>Attend Honors College meetings regularly.</li> </ul>  |
| Faculty Affiliate, TCU<br>Institute for Environmental<br>Studies<br>(Fall 2020 – present)                              | <ul> <li>Began my affiliation with this institute during the first<br/>wave of the pandemic but look forward to becoming<br/>more involved as the Institute resumes routine practices.</li> </ul>   |
| Texas Health Resources<br>University Consortium<br>(March 2021 – present)  | <ul> <li>This initiative is a long-term strategic process in partnership with THR's Community Health Improvement division.</li> <li>Serve on the Operations Team, providing inputs to the Strategy level team.</li> </ul>   |

| Volunteer Faculty<br>Supervisor, Annual<br>Influenza Vaccination Clinic<br>for TCU campus<br>(Fall 2010 – present)                                  | Supervise student teams as they run the mass influenza vaccination hub for the TCU community  |
|---|---|
| Host, Frogs First Family<br>Dinner, each August<br>(2017 – 2019; canceled in<br>2020; hosted in the Amon<br>G. Carter stadium<br>concourse in 2021) | <ul> <li>My family and I host a group of incoming first-year students in our home, sharing dinner and having time to socialize and feel welcome to the University by faculty.</li> <li>In 2021, my husband and I served as a table host for first-year students in the stadium concourse.</li> </ul>  |
| Facilitator, University-wide<br>Common Reading<br>discussions for incoming<br>first-year students   | <ul> <li>March trilogy series by John Lewis, Andrew Aydin et al., 2021</li> <li>The Hate You Give by Angie Thomas, August 23, 2019</li> <li>Ready, Player One by Ernest Cline, August 17, 2018</li> <li>Laughing Without an Accent by Firoozeh Dumas, August 18, 2017</li> <li>How to Win an Election by Quintus Tullius Cicero, August 19, 2016</li> <li>The Other Wes Moore: One Name, Two Fates by Wes Moore, August 21, 2015</li> <li>Persepolis by Marjane Satrapi, August 22, 2014</li> <li>Brother, I'm Dying by Edwidge Danticat, August 16, 2013</li> <li>The Shallows: What the Internet is Doing to Our Brains by Nicholas Carr, August 17, 2012</li> <li>The Immortal Life of Henrietta Lacks by Rebecca Skloot, August 19, 2011</li> </ul> |
| Guest Speaking across<br>Colleges   | <ul> <li>Implicit Bias and Courageous Conversations         <ul> <li>NTDT 50363: Community Nutrition and Public Health, April 6, 2022</li> <li>Health Promotion Essentials in the Classroom*</li> <li>Professional Development for College of Education Early Childhood (EC to Grade 6) Education majors (preparing for certification exams) each fall semester (Fall 2016 – present) – *for this service activity, I receive a stipend</li> </ul> </li> <li>Health Benefits of Contact with Nature         <ul> <li>Led a one-hour workshop in Spring 2019 and Spring 2020 for students enrolled in an Experiential Learning elective course in the College of Education</li> </ul> </li> </ul>  |

| Volunteer Nurse,<br>Coordinator and Supervisor,<br>COVID-19 Mass<br>Vaccination<br>(January – May 2021) | <ul> <li>Volunteer Nurse, COVID Vaccination Clinic for TCU campus (January 2021)         <ul> <li>Vaccinated TCU high-priority staff – second dose of Moderna vaccine</li> </ul> </li> <li>Nursing Faculty Co-Coordinator, COVID Drive-through Vaccination Hub with Baylor Scott &amp; White Health (February – May 2021)         <ul> <li>Worked with fellow TCU Nursing faculty Danielle Walker to develop systems for nursing student vaccinators and observation lot volunteers and to coordinate nursing faculty supervisors for each drive-through hub in the stadium parking lots (approx. 2500 – 3000 vaccines/day) – Moderna vaccine primarily</li> </ul> </li> <li>Volunteer Faculty Supervisor, COVID Vaccination for TCU Community (Spring 2021)         <ul> <li>Worked with multiple other faculty and staff members to coordinate and supervise students to vaccinate and observe – two clinics with Johnson &amp; Johnson vaccine (approx. 1600 doses total), two clinics with Pfizer vaccine (approx. 1000 doses/clinic)</li> </ul></li></ul> |
|---|--|
| Volunteer Nurse, Mumps<br>Vaccination Clinic<br>(September 18, 2018)                                    | <ul> <li>Administered measles-mumps-rubella (MMR) vaccine to<br/>at-risk students following a mumps outbreak on campus<br/>in early September.</li> </ul>  |
| Convener, Mind-Body-Spirit<br>faculty work group, October<br>2018 – December 2019                       | <ul> <li>Organized the meetings of this work group consisting of HCNHS and Nutrition faculty; the group met consistently to discuss student and faculty workshops focused on integrative health promotion and mindfulness strategies, also planning elective development.</li> <li>The work group organized a student workshop (Compassionate Self-Care, Renewal, and Healing Workshop) for 40 students from HCNHS majors and Nutrition on February 12, 2019.</li> </ul>   |
| Member, Frog Forum<br>Planning Committee, May<br>2018 – July 2019                                       | <ul> <li>Regularly attended meetings and actively participate in this committee, which is comprised of faculty and staff across campus.</li> <li>Contributed to the design of the Frog Forum event, a multidisciplinary student event scheduled to take place in mid-January 2020, the weekend before classes start. The event was canceled.</li> </ul>  |
| Facilitator, Interprofessional<br>Education   | <ul> <li>Interprofessional Values focus: This TCU-UNTHSC IPE<br/>activity occurred in fall semesters, focused on<br/>introduction to the core competencies for<br/>interprofessional practice; learning objectives focused on<br/>psychological safety, collective competency, shared/</li> </ul>  |

| unique values, and mutual respect in interprofessional teams. Activities included small group discussion via breakout rooms, role play scenarios, and debrief.  |
|---|
| <ul> <li>Maternal Mortality focus: This TCU-UNTHSC IPE activity<br/>focused on maternal mortality, was held each spring<br/>semester from 2018 to 2020 but was discontinued in<br/>Spring 2021. Involved a group discussion among<br/>students who review cases and function like a Maternal<br/>Mortality Review Committee, completing a Maternal<br/>Mortality Review Information Application (MMRIA).</li> </ul> |
| <ul> <li>Interprofessional Common Reading: A joint activity<br/>between TCU and UNTHSC         <ul> <li><i>Five Days at Memorial</i> (August 2019 – May 2021)</li> </ul> </li> </ul>  |

d. Community Activities Directly Related to Professional Skills

| Role (Time Frame)  | Description   |
|--|---|
| City Council District 2<br>Representative, Open<br>Space Conservation<br>Program Stakeholder Group<br>(October 2020 – present)           | Attend meetings regularly and provide feedback on the matrices for the Trust for Public Land, working on consultation with the City of Fort Worth across departments  |
| Cross Timbers Master<br>Naturalist<br>(August 2020 – present)  | <ul> <li>Completed certification as a Texas Master Naturalist in<br/>Fall 2020, having completed 40 hours of initial training.</li> <li>Each year, complete advanced training hours and<br/>volunteer service.</li> <li>Primary sites for volunteering include the Fort Worth<br/>Nature Center &amp; Refuge and the Monarch Waystation<br/>pollinator garden at the Southwest Regional Public<br/>Library. Initiated a new project site with the HOPE<br/>Farm pollinator garden in Historic Southside Fort<br/>Worth, presently serving as project lead.</li> <li>Chair of the Diversity, Equity, Inclusion, and<br/>Accessibility (DEIA) committee.</li> </ul> |
| Community Advisory Board<br>member, Nurse-Family<br>Partnership, Tarrant County<br>Public Health Department<br>(November 2010 – present) | <ul> <li>Meet regularly with the fellow CAB members to<br/>discuss NFP concerns and priorities</li> <li>Facilitate connections for community-academic-<br/>practice partnership</li> </ul>  |
| Advisory Board, Fort Worth<br>Safe Communities Coalition<br>(January 2013 – April 2019)  | <ul> <li>Met regularly with the FWSCC Board member to<br/>review progress in core strategy areas.</li> </ul>  |

|  | <ul> <li>Served on Drug Overdose/Opiate Abuse Task Force<br/>(November 2011 – November 2012 and again<br/>September 2015 – January 2017)</li> </ul>             |
|--|---|
| Member, Interprofessional<br>Education Committee,<br>University of North Texas<br>Health Science Center<br>(January 2012 – 2014) | <ul> <li>Met regularly with the committee to review strategies<br/>to implement IPE across institutions.</li> </ul>   |
| Advisory Board, Community<br>Diabetes Program, John<br>Peter Smith Health Network<br>(April 2012 – Spring 2014)                  | <ul> <li>Met regularly with fellow Board members to review<br/>strategies for community diabetes education and<br/>community health worker programs.</li> </ul> |

e. Professional service

# Editorial Board Membership

Member, Public Health Nursing Journal Editorial Board, July 2020 – present

Memberships in Professional Organizations (include offices held)

Alliance of Nurses for Healthy Environments

American Nurses Association

American Public Health Association, Public Health Nursing section

Association of Community Health Nursing Educators

- ACHNE representative to the Council of Public Health Nursing Organizations, formerly the Quad Council Coalition of Public Health Nursing Organizations (national appointment), November 2019 – present
- ACHNE Education Committee (July 2020 present)
- Co-leader, response to the *Future of Nursing 2030* report, National Academy of Medicine, Recommendation 7 focused on nursing education (October 2021 – present)
- Leader, Advocacy-focused Strategic Planning work group, October 2021 present
- Strategic planning task force member, June 2020 October 2021
- Vaccination Access Network Group moderator (January 2021 July 2021)
- ACHNE Nominating Committee member (elected office), June 2018 June 2020
- ACHNE Nominating Committee Co-Chair, June 2019 June 2020
- ACHNE Policy Task Force member, September 2017 June 2018

Council of Public Health Nursing Organizations

- Appointed representative for ACHNE: <u>https://www.cphno.org/members/</u>
- Active in strategic planning workshops throughout 2021
- Member, CPHNO Bylaws committee
- Responding to the *Future of Nursing 2030* report, National Academy of Medicine, key recommendations focused on equity and public health Infrastructure investments
- Developing organization statements, voting in support of legislation and advocacy efforts nationally and internationally for public health and public health nursing
- Member of Campaign for Action Toolkit Response Task Force, March 2020 October 2020
- CPHNO webmaster: advocacy resources, news, blogs, and open access articles from the official CPHNO journal, *Public Health Nursing*

Campus Nature Rx Network

- Dr. Vicki Brooks and I are members of this national network of faculty. TCU and Campus RxPLORE<sup>™</sup> are featured on the website: https://www.campusnature.com/members/texas-christian-university
- I participate in the annual symposium.
- Our Honors and DNP students engage with other network faculty/leaders.

Sigma Theta Tau International

• Communications Chair, Beta Alpha chapter, 2015 – 2017

Southern Nursing Research Society (inactive member status)

• SNRS 2017 Conference Program Planning Committee, 2016 – 2017

Texas Nurses Association

#### **Reviewing for Professional Journals**

Reviewer for *Journal of Professional Nursing*, 2020 – present Reviewer for *Public Health Nursing*, 2015 – present Reviewer for *Advances in Nursing Science*, 2015 – 2020 Reviewer for *Gastroenterology Nursing*, 2011 – 2020 Reviewer for *American Journal of Preventive Medicine*, 2015 – 2019 Reviewer for *Complementary Therapies in Medicine*, 2013 – 2019 Reviewer for *JBI Database of Systematic Reviews and Implementation Reports*, 2015 – 2017 Reviewer for *Journal of Alternative and Complementary Medicine*, 2015 – 2019 Reviewer for *Journal of Physical Activity and Health*, 2010 – 2015 Reviewer for *Western Journal of Nursing Research*, 2009 – 2015

#### Advocacy for Public Health Nursing Workforce

Texas Public Health Nursing Workforce Development, April 2021 – present

• CPHNO Chair Lisa Campbell and I have met with the Texas Department of State Health Services Office of Practice and Learning leadership to establish

priorities for PHN residency and advocacy for PHN leadership at the state level.

• We are meeting with state public health nursing leaders to plan strategies for enumeration, salary analysis, leadership opportunities, and advocacy.

#### Evaluation for Award Recognition

Reviewer, Tarrant County Public Health Department *Nurse of the Year* Award May 2019

Reviewed 7 nominations, using a rubric to identify top award for TCPH nursing staff

#### External Review/Letters for Tenure/Promotion Consideration

Rush University College of Nursing, January 2022 Binghamton University, Decker School of Nursing, December 2018

f. Academic advising

#### Undergraduate Advising

As of Spring 2022, I have twelve undergraduate student advisees.

- In a previous group advising model, I participated in Essential Pre-Enrollment Information sessions each semester from Fall 2010 through Spring 2013.
- g. Other service activity not included in any of the above

Member, Doxology Bible Church: Community group leader, volunteer coordinator with Beautiful Feet ministries, former Sunday School teacher

Member, Parent-Teacher Association, Fort Worth Independent School District:

- Stripling Middle School (August 2019 present; Healthy Lifestyles Committee Co-Chair, August 2021 present)
- Ridglea Hills Elementary School (Academic Fair coordinator, August 2017 May 2019; Reading is Fundamental Coordinator, August 2015 May 2017)

Volunteer, Tarrant Area Food Bank: Community gardens, Quality Control, Neighborhood food drive coordinator

Volunteer, True Worth Clinic: Periodic foot clinic volunteer

\*Completed in vita format approved by Provost Council 8-23-2013