



TexVet Consolidated Mental Health Resources for the Texas Veteran Community

TexVet.org

TexVet is a state program connecting Service Members, Veterans, Families, and those that Serve them to fully vetted information and resources, in an easy-to-find format. Search by County: <https://www.texvet.org/county>

Veterans Crisis line – Ways to Connect

- Call: 1-800-273-8255 Press 1
- Text: 838255
- Chat: <https://www.veteranscrisisline.net/get-help/chat>
- Support for the deaf or hard of hearing: 1-800-799-4889
- Homeless Support, Call: 1-877-4AID VET (1-877-424-3838)

This free support is

- Confidential
- Available every day, 24/7

And serves

- ★ All Veterans
- ★ All Service members
- ★ National Guard and Reserve
- Their family members and friends

Department of Veterans Affairs Mental Health Resource Page

Are you a Veteran looking for mental health support? Or a family member who wants to know more about the common signs of posttraumatic stress? Or a community provider currently treating a Veteran? Find the group you most identify with, then proceed to support and resources that are tailored for you. <https://www.mentalhealth.va.gov/index.asp>

Texas Suicide Prevention Council

Texas Suicide Prevention initiative is the result of a collaborative effort throughout the state of Texas of community-based organizations, state and local agencies, academic institutions and many others who work together to reduce suicides in Texas. You can find more information, tools, training, and about this effort and its organizers here:

<https://texassuicideprevention.org/>

Military Veteran Peer Network

Peer-to Peer Support through training, technical assistance, and certification to Local Mental Health Authority-based Military Veteran Peer Network (MVPN) Peer Service Coordinators (PSCs) and their Peers to create a statewide network of military trauma-affected Veteran peer support. Find your Texas local PSC here: <https://www.texvet.org/partners/mvpn-military-veteran-peer-network>

Veteran Spouse Network

The Veteran Spouse Network (<http://sites.utexas.edu/vsn/>), housed within the UT Austin [Institute for Military & Veteran Family Wellness](#), is offering its Veteran Spouse Resiliency Groups to all Texas veteran spouses and partners of veterans. Dates and times are regularly updated on the Veteran Spouse Resiliency Group

website: <http://sites.utexas.edu/vsn/programs/> We are currently developing additional open/public virtual social support groups to provide support around the impact of COVID-19 as well as offer space for veterans spouses to meet up for social interaction. The V-SRG information is all listed on your website as well: <https://www.texvet.org/resources/veteran-spouse-resiliency-group-v-srg>

Texas Resources that Receive Grants to Provide Veteran Mental Health Services (Veterans, Families, Caregivers, Dependents, Surviving Spouses)

Texas Veterans Commission Fund for Veterans Assistance Mental Health Grantees

*** Statewide (Please see individual websites for counties served)**

Panhandle

WTCG.us - West Texas Counseling and Guidance— Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth only during COVID-19, San Angelo Office (Rebecca @ rebeccaw@wtcg.us or 325-213-6636, Monica @ monicaf@wtcg.us or 325-315-0272, Del Rio Based Case Manager Celso @ celsob@wtcg.us or 325-812-4612, West Texas Counseling and Guidance Main line 325-944-2561 or 830-256-8255)**

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Statewide Telehealth Services, 254-716-6208)**

***valortx.com – VALOR** - Clinical Services for Incarcerated Veterans. **(Statewide, 469-974-7731)**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide Telehealth Services, 346-238-2040, Ask for Dr. Madan)**

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

West Texas

***Bswhealth.com** - Baylor Scott & White Warrior Research Institute – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Statewide Telehealth Services, 254-716-6208)**

***valortx.com – VALOR** - Clinical Services for Incarcerated Veterans. **(Statewide, 469-974-7731)**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide Telehealth Services, 346-238-2040, Ask for Dr. Madan)**

ProjectAmistad.org - Clinical Counseling for Veterans, Dependents, Surviving Spouses-Mental Health. **915-532-3790**

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

Alamo

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Statewide Telehealth Services, 254-716-6208)**

valortx.com – VALOR - Clinical Services for Incarcerated Veterans. **(469-974-7731)**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide Telehealth Services, 346-238-2040, Ask for Dr. Madan)**

Samaritan-center.org - Samaritan Center for Counseling and Pastoral Care, Inc. - Clinical Counseling for Veterans, Dependents, Surviving Spouses. **(Telephonic Counseling, 512-451-7331 Option 8)**

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

WTCG.us - West Texas Counseling and Guidance– Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth only during COVID-19, San Angelo Office** (Rebecca @ rebeccaw@wtcg.us or 325-213-6636, Monica @ monicaf@wtcg.us or 325-315-0272, **Del Rio Based Case Manager Celso @ celsob@wtcg.us or 325-812-4612, West Texas Counseling and Guidance Main line 325-944-2561 or 830-256-8255)**

South Texas

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Statewide Telehealth Services, 254-716-6208)**

Cenikor.org – Cenikor Foundation - Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **713-266-9944**

***valortx.com – VALOR** - Clinical Services for Incarcerated Veterans. **(Statewide, 469-974-7731)**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide Telehealth Services, 346-238-2040, Ask for Dr. Madan)**

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

Gulf Coast

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Statewide Telehealth Services, 254-716-6208)**

***valortx.com – VALOR** - Clinical Services for Veterans. **(Statewide, 469-974-7731)**

Eastersealshouston.org – Easter Seals of Greater Houston, Inc. – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth Services, 713.838.9050)**

***Houstonmethodist.org** - Houston Methodist Hospital – Clinical Counseling Services for Veterans. **(Statewide Telehealth Services, 346-238-2040, Ask for Dr. Madan)**

Santamariahostel.org - Santa Maria Hostel, Inc. – Clinical Counseling Services for Women Veterans and their Children. **(Telephonic Counseling, 512-451-7331 Option 8)**

***Txngfsf.org - Texas National Guard Support Foundation** – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Statewide, 512-560-5669)**

Montrosecenter.org – The Montrose Center – Clinical Counseling Services for Veterans. **(Telephonic/Telehealth, 713-529-0037 ext.0)**

Tricountyservices.org - Tri-County Behavioral Health - Clinical Counseling Services for Veteran Dependents, Surviving Spouses. **(Office and Telehealth, 936-521-6143)**

Central Texas

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Statewide Telehealth Services, 254-716-6208)**

Cpinc.org – Center Point, Inc. – Clinical Counseling for Veterans, Dependents, Surviving Spouses. (Telephonic Services only, 415-446-1931)

***valortx.com – VALOR - Clinical Services for Incarcerated Veterans. (Statewide, 469-974-7731)**

Eastersealshouston.org – Easter Seals of Greater Houston, Inc. – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. (Telehealth Services, 713.838.9050)

Hotmhmr.org - Heart of Texas Regional MHMR - Clinical Counseling for Veterans, Dependents, Surviving Spouses. (Office and Telehealth Services, 254-297-7171)

***Houstonmethodist.org - Houston Methodist Hospital – Clinical Counseling Services for Veterans. (Statewide Telehealth Services, 346-238-2040, Ask for Dr. Madan)**

Samaritan-center.org - Samaritan Center for Counseling and Pastoral Care, Inc. - Clinical Counseling for Veterans, Dependents, Surviving Spouses. (Telephonic Counseling during COVID-19, 512-451-7331 Option 8)

***Txngfsf.org - Texas National Guard Support Foundation – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. (Statewide, 512-560-5669)**

East Texas

***Bswhealth.com - Baylor Scott & White Warrior Research Institute – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. (Statewide Telehealth Services, 254-716-6208)**

***valortx.com – VALOR - Clinical Services for Incarcerated Veterans (Statewide Telehealth, 469-974-7731)**

***Houstonmethodist.org - Houston Methodist Hospital – Clinical Counseling Services for Veterans. (Statewide Telehealth Services, 346-238-2040, Ask for Dr. Madan)**

***Txngfsf.org - Texas National Guard Support Foundation – Clinical Counseling Services for Veteran Dependents, Surviving Spouses. (Statewide, 512-560-5669)**

North Texas

22kill.com – 22 Kill – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. (Telehealth and office Services, 682-990-6242)

***Bswhealth.com - Baylor Scott & White Warrior Research Institute – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. (Statewide Telehealth Services, 254-716-6208)**

***valortx.com – VALOR - Clinical Services for Incarcerated Veterans. (Statewide, 469-974-7731)**

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Texas Veterans + Family Alliance Grant Program

WTCG.us - West Texas Counseling and Guidance– Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth only during COVID-19, San Angelo Office** (Rebecca @ rebeccaw@wtcg.us or 325-213-6636, Monica @ monicaf@wtcg.us or 325-315-0272, **Del Rio Based Case Manager Celso @ celsob@wtcg.us or 325-812-4612, West Texas Counseling and Guidance Main line 325-944-2561 or 830-256-8255)**

***Bswhealth.com - Baylor Scott & White Warrior Research Institute** – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Statewide Telehealth Services, 254-716-6208)**

Eastersealshouston.org – Easter Seals of Greater Houston, Inc. – Clinical Counseling Services for Veterans, Dependents, Surviving Spouses. **(Telehealth Services, 713.838.9050)**

***Endeavors.org - Family Endeavors. Telehealth services** Steven A. Cohen Military Family Clinics at Endeavors. (Statewide Telehealth Services, 833-286-8387) <https://www.endeavors.org/programs/onlinetherapy/>

Ecrh.org -The Ecumenical Center - Counseling via tele counseling or phone sessions. **(Office and Telehealth, 210-616-0885)**

agif-nvop.org - American GI Forum National Veterans Outreach Program - mental health counseling, employment, housing and support services. **(Telephonic, Telehealth Services, 210-223-4088)**

Emergencehealthnetwork.org - Emergence Health Network- Counseling, case management, psychiatric services, crisis services. **(Telephonic, Skype, in-person, 915-887-3410)**

Additional Resources:

SPRC.org - Suicide Prevention Resource Center (SPRC) - a federally supported resource center devoted to advancing the implementation of the National Strategy for Suicide Prevention.

*Resources to Support Mental Health and Coping with the Coronavirus (COVID-19): <https://go.edc.org/covid19-resources>

Maketheconnection.net - MakeTheConnection.net is an online resource designed to connect Veterans, their family members and friends, and other supporters with information, resources, and solutions to issues affecting their lives.

Texas Veterans Commission Fund for Veterans Assistance Additional Assistance

Find more areas of assistance here : <https://www.tvc.texas.gov/grants/assistance/>

GENERAL ASSISTANCE

Financial Assistance, Supportive Services, Employment Services, Family Services, Legal Services, Referral Services, Transportation Services

HOUSING 4 TEXAS HEROES

Home Modification Assistance, Homeless Veterans Support, Veteran Homelessness Prevention

VETERANS TREATMENT COURTS

Geographic Distribution of Veterans Treatment Courts